

# A Survey of the Disciplinary Wives Club

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*Conducted May 2007*

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# The Disciplinary Wives Club

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The Disciplinary Wives Club (DWC) is an organization that supports couples who are practicing, or are considering practicing, a domestic discipline lifestyle, where the wife or female partner (or designated partner in same-sex couples) is the head of the household. The DWC also provides support for individuals who would like to find a partner with whom to practice the lifestyle.

While each DWC couple practices the lifestyle in their own way, the lifestyle generally involves the wife being in charge of some, or all, aspects of the couple's relationship. The husband (or male partner) is expected to follow certain behavioral rules set by the wife, and when he does not, he is disciplined by the wife. While that discipline can take a variety of forms, the most common form of discipline is spanking.

Unlike spanking-play or BDSM, the discipline administered by the wife in a DWC relationship is not foreplay or directly sexual, but is for behavioral modification. Generally, it is the husband that initiates discussion about adopting the lifestyle, and the men in the lifestyle are the ones who desire to be disciplined. Most men in the lifestyle have what would be considered a spanking fetish, in addition to a need to be disciplined.

The organization was started in 1994 by Aunt Kay and her husband Jerry, who, in adopting the lifestyle themselves, discovered there was very little support or material to assist them. Over the last 13 years, they have helped thousands of couples and individuals. Additionally, they have created a library of instructional material, including booklets and videos. The DWC's website ([www.disciplinarywivesclub.com](http://www.disciplinarywivesclub.com)), provides a wealth of support material, including how-to sections and instructive letters from those actually practicing the lifestyle.

Participation in the organization is completely confidential. The lifestyle is usually kept private, and often secret, because non-participants might be uncomfortable with it. The DWC is not about the disciplining or spanking of children. The DWC does not support the use of discipline in any non-consensual or abusive manner. The DWC is about the practice of the lifestyle in a loving and consensual relationship, promoting extensive communication between partners.

## The First Survey

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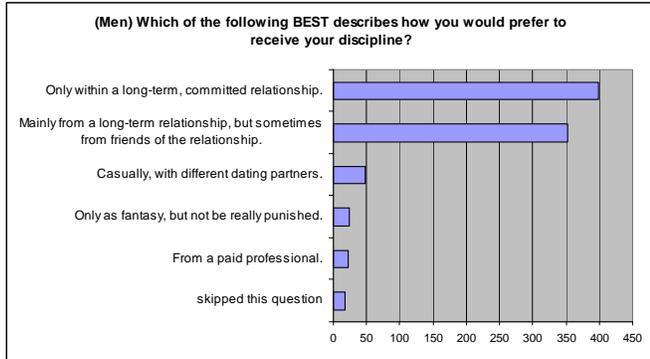
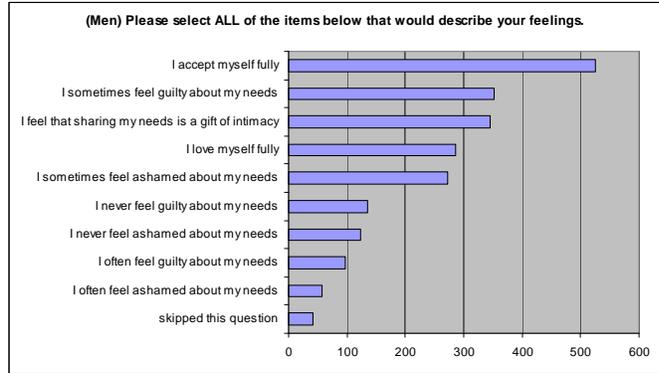
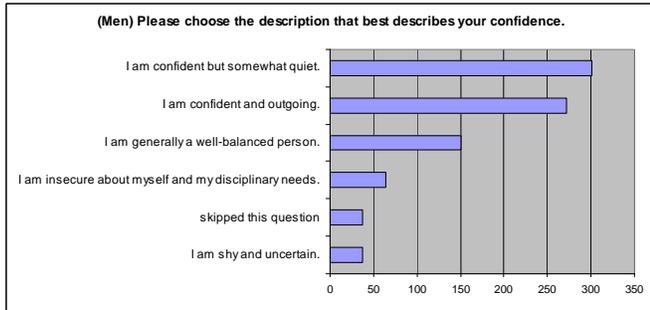
This is the first survey of the DWC. The DWC plans to conduct additional surveys in future, building from what has been learned here.

The survey was done in May 2007 using SurveyMonkey.com ([www.surveymonkey.com](http://www.surveymonkey.com)). The participation in the survey was anonymous, and the results were provided back to the DCW as raw data without analysis. Because women and men experience the DWC lifestyle differently, separate women's and men's surveys were offered. While some questions were common to both surveys, most were not.

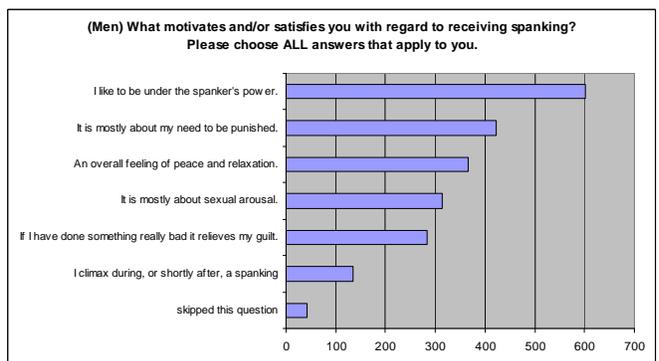
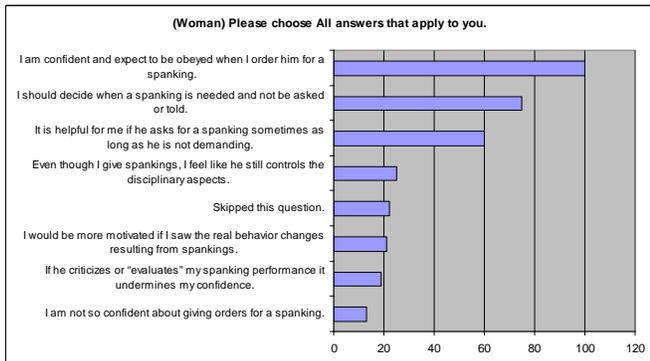
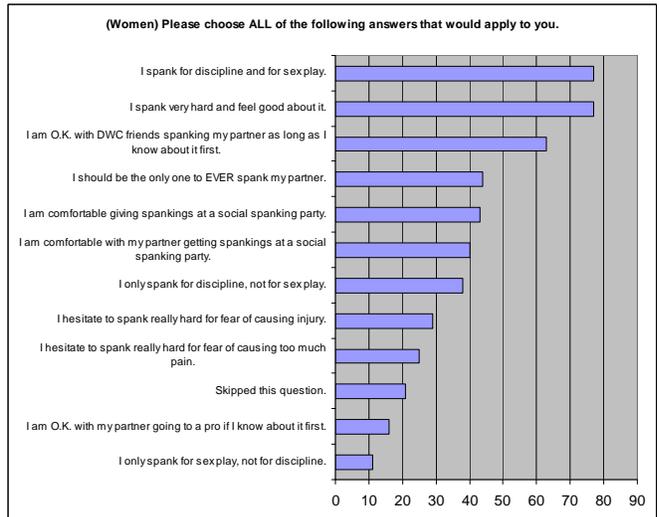
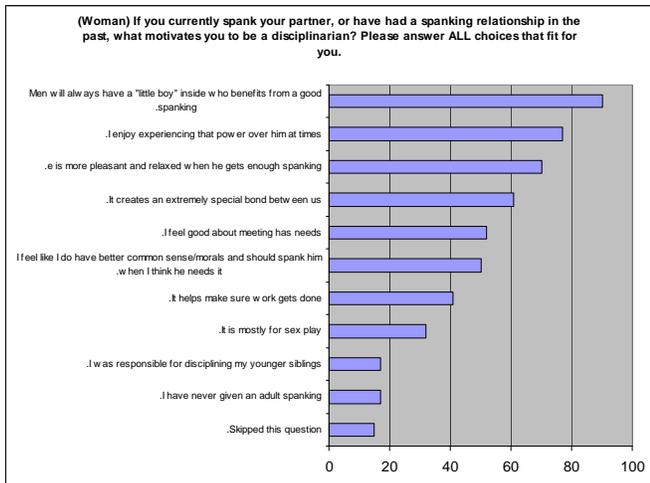
While anyone who found the survey online could take it, participants were solicited by two methods: a link was prominently posted on the DWC website inviting participation, and Aunt Kay sent out emails to those with whom she has had contact. The exact number of participants was not in the provided results; it appears that about 150 women and about 800 men participated in the survey. Since men are usually the ones in a relationship who initiate the discussion about adopting the lifestyle, this ratio is not surprising.

The first survey of the DWC focused on three areas: who we are, how we practice the lifestyle, and how we find partners. From the 15,081 question responses, there were 1,648 comments that were provided

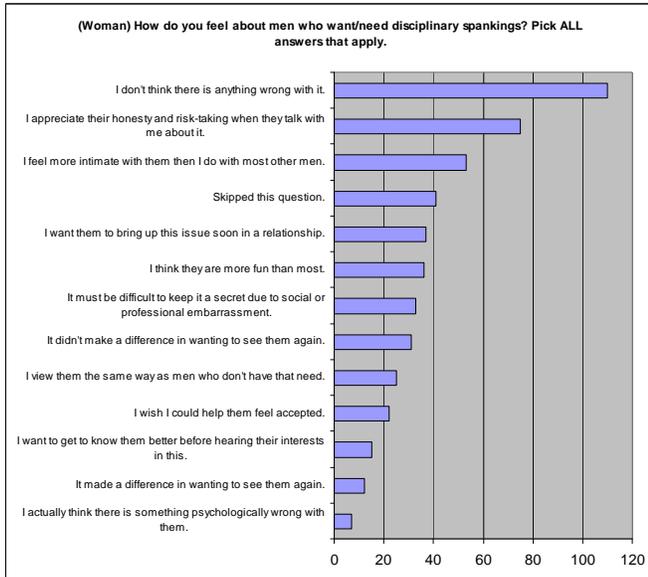
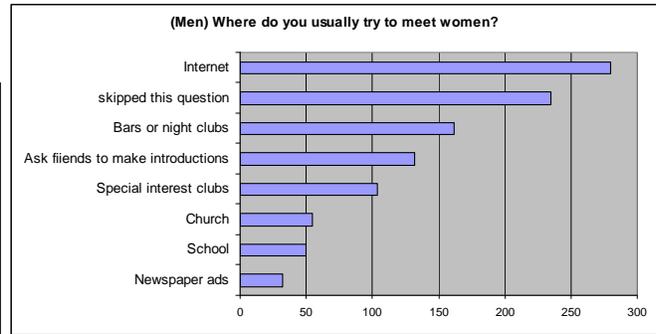
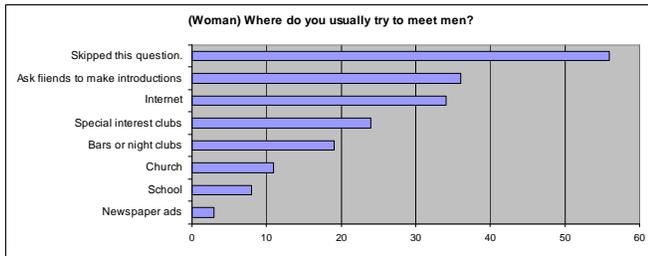




## How We Practice The Lifestyle



## How We Find Partners

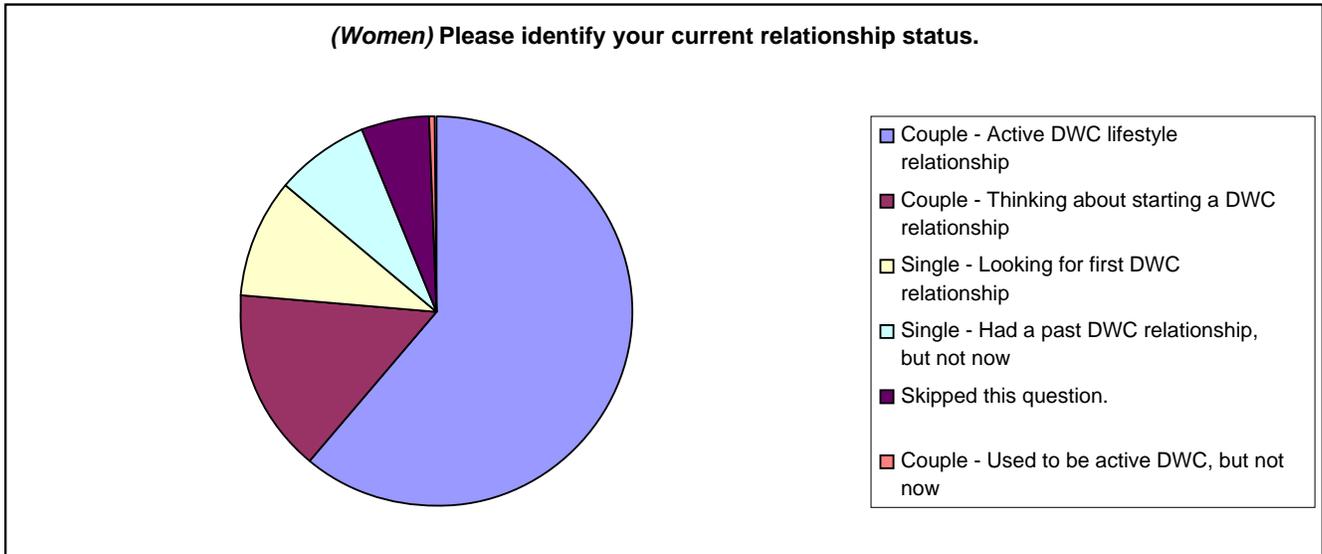


## Who We Are

While there have been general thoughts about who participates in the DWC, these questions were intended to discern who is involved and who is interested in the lifestyle.

**(Women) Please identify your current relationship status.**

Couple - Active DWC lifestyle relationship.	88
Couple - Thinking about starting a DWC relationship.	22
Single - Looking for first DWC relationship.	14
Single - Had a past DWC relationship, but not now.	11
Skipped this question.	8
Couple - Used to be active DWC, but not now.	1
<b>Total responses</b>	<b>144</b>



Because the lifestyle is generally initiated by the men, it is not surprising that most women who participated in the survey (110 out of 144) were either in a DWC relationship or were thinking about starting one. The fact that only one woman reported being in a couple which was formerly practicing the DWC lifestyle but is not now, supports the general belief that couples who adopt the lifestyle stay with it; it may be true that couples who have stopped practicing the lifestyle were unlikely to visit the website and participate in the survey. It is surprising that there were 14 single women looking for their first DWC relationship, indicating that not all DWC relationships are initiated by men.

**(Women) Please identify your current relationship status.**

Please add anything else you think would help. 14

Four comments were from women who were active and satisfied, and three comments were from women who were interested in starting, or new to the lifestyle.

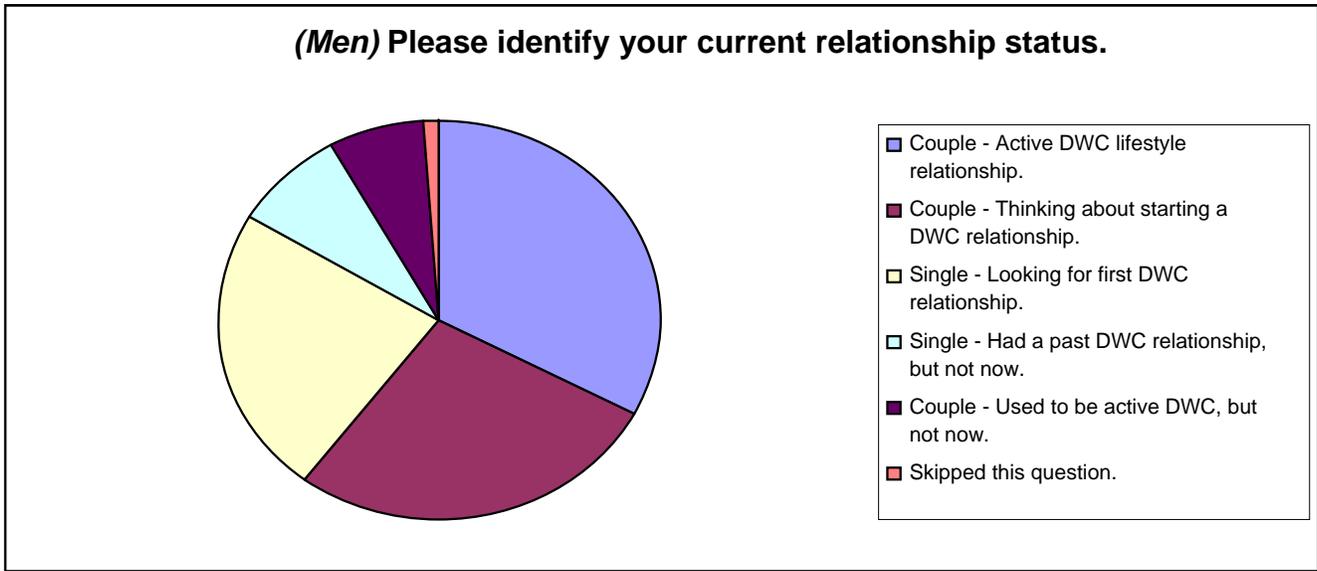
*"My active DWC lifestyle is very important to me, and it is successful."*

*"It is his idea and I have not decided yet."*

*"Sort of DWC relationship... I'm trying."*

**(Men) Please identify your current relationship status.**

Couple - Active DWC lifestyle relationship.	263
Couple - Thinking about starting a DWC relationship.	218
Single - Looking for first DWC relationship.	186
Single - Had a past DWC relationship, but not now.	68
Couple - Used to be active DWC, but not now.	55
Skipped this question.	9
<b>Total responses</b>	<b>799</b>



It could be disheartening to note that there are twice as many men looking to be in a DWC relationship (about 500) as those currently in a DWC relationship (about 250). Also, it is not unexpected that there are many more men than women formerly in a DWC relationship and still visiting the website (and took the survey), and probably looking for another DWC relationship. The fact that there are over 200 partnered men who are thinking about starting a DWC relationship, compared to only 22 women, is probably an indication that many more men than women are actively trying to convince their partner to adopt the lifestyle.

**(Men) Please identify your current relationship status.**

Other (please specify). 97

Thirty-seven comments were from men in long -term relationships, but with no DWC lifestyle. The reasons included the wife being either not interested, concerned about hurting the husband, or repulsed by the idea. Fifteen comments were from men in some level of a DWC relationship, from the wife being fully in-charge to the wife spanking only upon the request of the husband to those only participating for sex-play. Eight comments were from men who look to women other than their wives for discipline. Of the ten single respondents, each was looking for a DWC partner. Eight of the respondents reported having a "vanilla" wife – interested in only a conventional lifestyle.

- "I haven't brought it up to my wife yet."*
- "I take a paddling from my wife as a punishment – not frequently but it happens – just between us. It works – the marriage is good."*
- "My wife will spank me, but does not do it to correct behavior. She does because I love it."*
- "We have used 'spanking contracts' over the past 20 years to improve each others behavior; to regulate pet peeves, etc."*
- "My wife has just started to discipline me at my request. She does not yet 'own' this lifestyle."*
- "I am not interested in the DWC."*
- "My wife knows of my interest, played at it briefly, but did not actively pursue it."*
- "I visited a lady every fortnight for a 24 hour domestic discipline play session."*
- "I am married, but I see a dear friend for disciplinary needs, when I can go visit her."*
- "My wife has no interest in this, but I need it, and occasionally discreetly see a non-sexual spanker."*
- "I have a lady who will spank me for compensation. I am the only person she spans, and I taught her how to do it."*
- "I am married would love a DWC relationship, but my wife is not into it"*
- "I have asked my wife for DWC lifestyle for over ten years, but she is repulsed by the idea, and does not want to physically hurt me."*

*"I am still in an active DWC relationship, but she is my ex-wife, but still shines around to discipline me."*

*"I want to establish a DWC relationship with my wife, but she is not ready."*

*"I am married, but wife will not participate."*

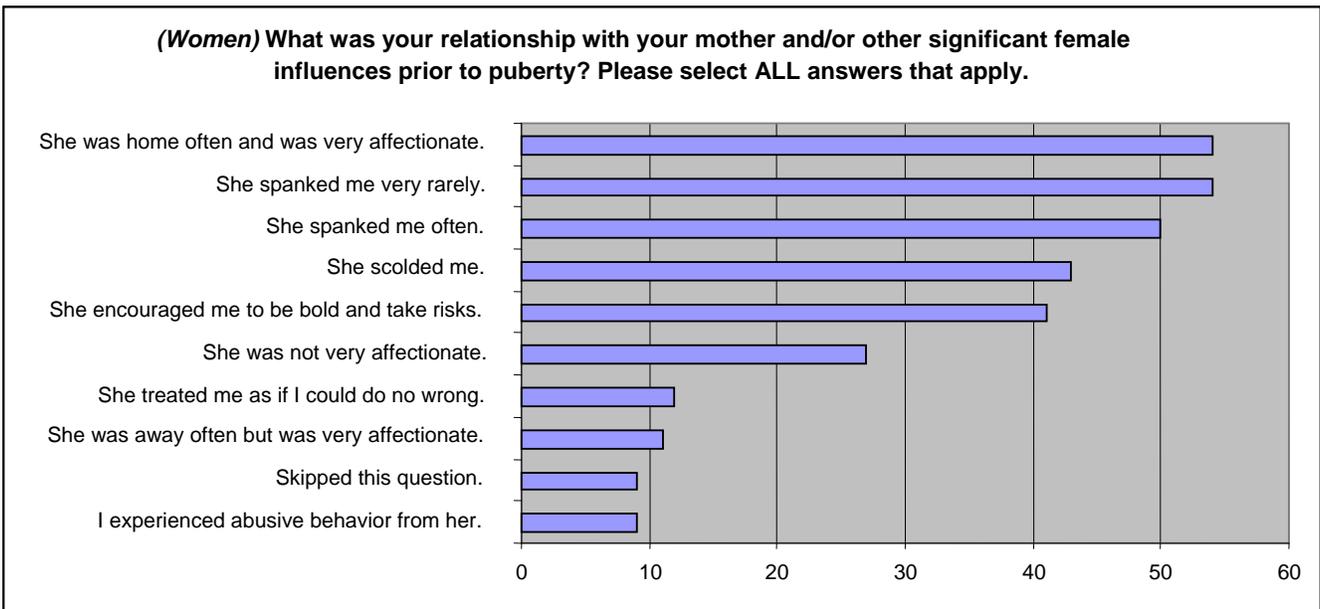
*"I have been married 40 years. I have longed for this relationship."*

*"I want a DWC relationship but my wife doesn't. She thinks it's sick. I have had some spankings though, but not for about three years"*

*"I have been married for 40 years, but my wife hates the thought, so I visit here and smile."*

**(Women) What was your relationship with your mother and/or other significant female influences prior to puberty? Please select ALL answers that apply.**

She spanked me very rarely.	54
She was home often and was very affectionate.	54
She spanked me often.	50
She scolded me.	43
She encouraged me to be bold and take risks.	41
She was not very affectionate.	27
She treated me as if I could do no wrong.	12
She was away often but was very affectionate.	11
I experienced abusive behavior from her.	9
Skipped this question.	9
<b>Total responses</b>	<b>310</b>



Since most women connected with the DWC were brought in by their partner's interest in spanking and domestic discipline, rather than their own interest, it was hoped that this question would reveal what kind of maternal background might predict whether a woman would enter a DWC relationship. There seems to be no clear spanking background, with about one third of women being spanked by their mother often (50) and one third spanked rarely (54). Many mothers were affectionate and supported being bold and taking risks (95). It does not appear that a woman's relationship with her mother can be used as a predictor of willingness to participate in the DWC.

**(Women) What was your relationship with your mother and/or other significant female influences prior to puberty?**

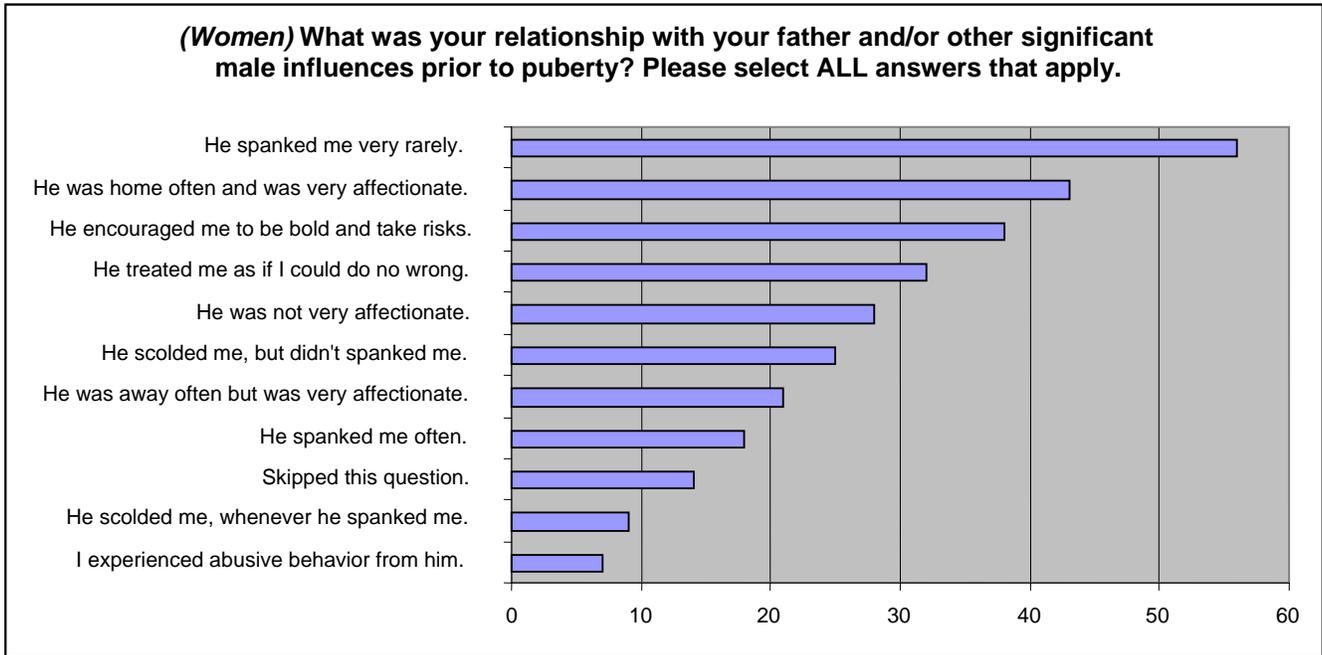
Please add any details you think might help. 15

As with the numerical results, the comments to this question were varied. There were no clear themes or patterns.

- "My mother was emotionally unavailable and sometimes emotionally cruel."*
- "I had, and have, a difficult relationship with my mother. She had passive/aggressive behavior and mood swings when she would take her anger out on her children."*
- "Mom was a spanker. But never without sitting down for a talk, never without a warning first, and she was always fair. No fun, but it is much better than being grounded. It's like going to the dentist. It has to be done, so we do it and it's all over. We have a hug and that's the end of it. Except next time I thought of messing up I remembered, and I knew it helps. I think this 'mothering' role is a natural with women and from the boyfriends I've had I think some men never grow up. My friends don't think like I do, so I never discuss it and now the internet is where I'm looking for information to help me decide what kind of life I want."*
- "Very good and very supportive."*
- "My mom was independent, protective, loving and smart."*
- "I saw my mother tolerate behavior I found very degrading and unacceptable, and vowed that I would NEVER put up with that when I grew up."*
- "We were strictly educated by my mother. Both my sister and I, and later saw, our father being disciplined by her."*
- "She taught me and trained me to become a disciplinary wife, and to be a strict, no-nonsense lady."*
- "My Mom was very naive, sheltered, sort of mousy woman, but loving. She never spanked me."*

**(Women) What was your relationship with your father and/or other significant male influences prior to puberty? Please select ALL answers that apply.**

He spanked me very rarely.	56
He was home often and was very affectionate.	43
He encouraged me to be bold and take risks.	38
He treated me as if I could do no wrong.	32
He was not very affectionate.	28
He scolded me, but didn't spanked me.	25
He was away often but was very affectionate.	21
He spanked me often.	18
Skipped this question.	14
He scolded me, whenever he spanked me.	9
I experienced abusive behavior from him.	7
<b>Total responses</b>	<b>291</b>



Because women often have a different relationship with their fathers, it was thought that this relationship might also be a predictor of willingness to participate in the DWC. However, there does not appear to be any correlation to this question. It is notable that the fathers of the survey participants spanked their daughters much more rarely than their mothers did (74), and scolded less (25).

**(Women) What was your relationship with your father and/or other significant male influences prior to puberty?**

Please add any details you think might help. 16

Of the 16 comments made by participants, a number did show a tendency towards female-dominated households.

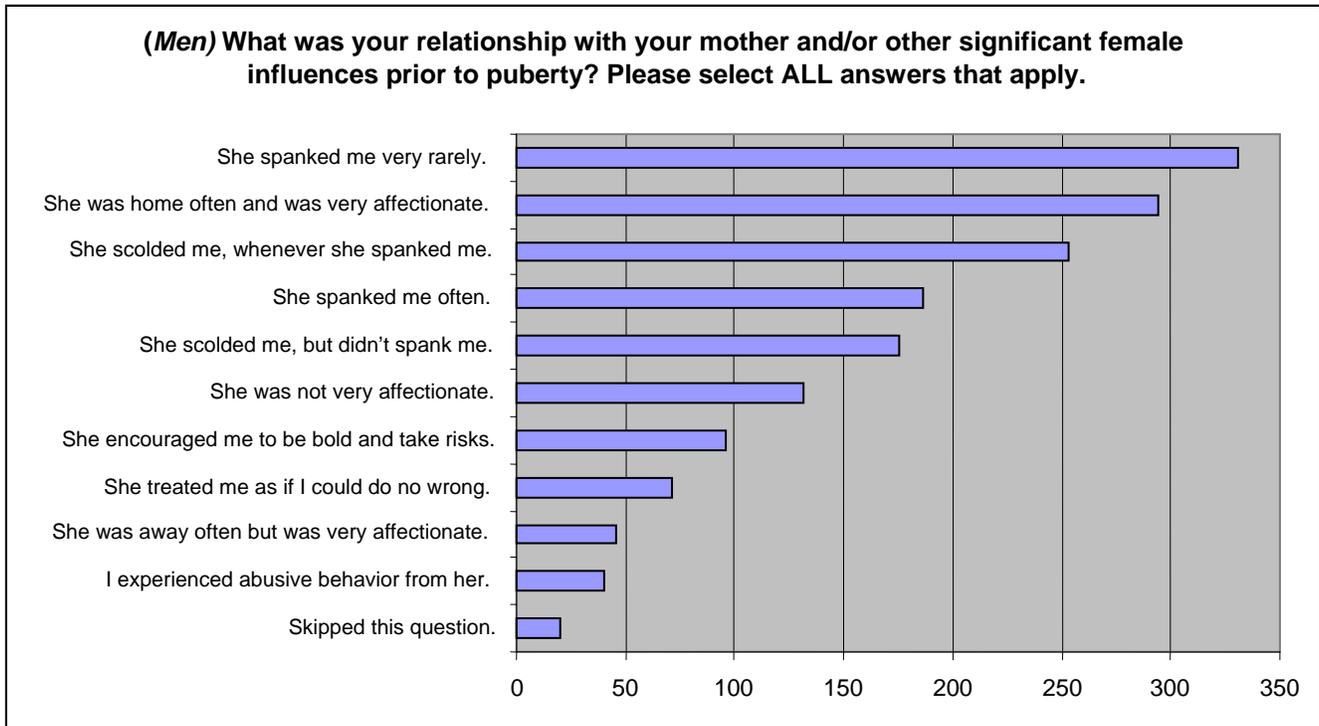
*"Dad only smacked me when I was very young. He's a great guy, I love him to death, but I know he is most happy when mom sets the rules and guides him."*

*"He was obviously submissive to my mother and took it as a matter of fact and as something very natural and right. He also wanted me to become dominant and a disciplinarian (to my future husband) like my mother."*

*"I had, and have a great relationship with my father. He always believed in me and I would rather be in the garage with dad than in the kitchen with mum."*

**(Men) What was your relationship with your mother and/or other significant female influences prior to puberty? Please select ALL answers that apply.**

She spanked me very rarely.	331
She was home often and was very affectionate.	294
She scolded me, whenever she spanked me.	253
She spanked me often.	186
She scolded me, but didn't spank me.	175
She was not very affectionate.	132
She encouraged me to be bold and take risks.	96
She treated me as if I could do no wrong.	71
She was away often but was very affectionate.	46
I experienced abusive behavior from her.	40
Skipped this question.	20
<b>Total responses</b>	<b>1644</b>



It has been a popular belief that a DWC man's relationship with his mother may have defined, or at least contributed to, the man's interest in being spanked or disciplined by a female authority figure. Despite this expectation, there is no noteworthy correlation between a man's childhood maternal spanking experience and his interest in the DWC. Most men were spanked rarely (331) or not at all (175), though a significant minority (186) were spanked often. It would be interesting to see how these numbers compare to men outside the DWC. It appears that most DWC men (426) come from homes where they had an affectionate and supportive relationship with their mother. This raises the question as to whether their spanking fetish and/or need for discipline may be a hereditary trait, or come from some other pre-pubescent experience. Unfortunately, because of the sensitivity of the topic, it is unlikely that men would ask their fathers or sons if they also have these particular interests. Anecdotal evidence suggests that some DWC men can remember a particular event which may have started these interests.

**(Men) What was your relationship with your mother and/or other significant female influences prior to puberty?**

Please add any details you think might help. 103

Of the 103 comments made by participants, 26 described memories of how men were disciplined by their mothers. Twelve comments told of connections with other female family members such as aunts, grandmothers, mothers-in-law and sisters. Ten had bad feelings about their mothers, but about the same number reported that they were disciplined with love and affection. Five respondents commented that they were abused by their mother.

*"My mother was an alcoholic. The abuse was mostly emotional, but sometimes physical and even sexual."*

*"I was totally abused."*

*"My mother held me to high standards, and more often punished with withdrawal of affection. I often thought her cold and unloving."*

*"I did have two stepfathers who were not so nice, though nothing of a sexual nature. I always was trying to please everyone."*

*"The spankings were usually followed with chocolate chip cookies."*

*"She was very affectionate, but spanked me often for disciplinary purposes."*

*"My mother spanked me regularly, but only when I really deserved it. She was fair and loving, but also pretty severe."*

*"She combined spanking with affection."*

*"My mother rarely gave me corporal punishment, preferring to pass that duty to my father though I did live in a female dominated house in many ways as I had four sisters, and my father was often not at home."*

*"I was disciplined by was my aunt, who was the proverbial 'maiden aunt.'"*

*"I was spanked at the age of 27 spanked by mother-in-law, bare bottom with a hairbrush."*

*"I was spanked about once a month. The significant thing to me was that my sister was allowed to watch. She hardly ever got it, but always with the door shut. A few times we got it together, I got it first and then was sent from the room."*

*"I mostly remember that she made sure she was the boss and got her way. She would not forget and stayed on something till it was done."*

*"My mother was available, dependable and encouraging, but was also very critical and discouraged risks above all."*

*"Mom was a sweet, loving, nurturing mother. She disciplined with love. She threatened more than she spanked."*

*"She was a perfectionist and often criticized me, even though she may not have thought it harsh. She became cool and distant when anything wasn't exactly right."*

*"Dad spanked me, but mother issued the spankings."*

*"She would use a type cane called a 'Saa Saa' (Fijian) made up of multiple bamboo shots. It stung like hell."*

*"My mother spanked me often after church, if I wasn't reverent during the long and boring service. She had a mission to get me saved even if it meant half killing me when we got home with a switch across my bare bottom, if I had misbehaved during the service."*

*"She didn't spank me in the obvious sense - she slapped me from one end of the house to the other. It was simply what used to be known in those days, in the North of England, as a 'good hiding.' Nowadays there would be a visit from the police."*

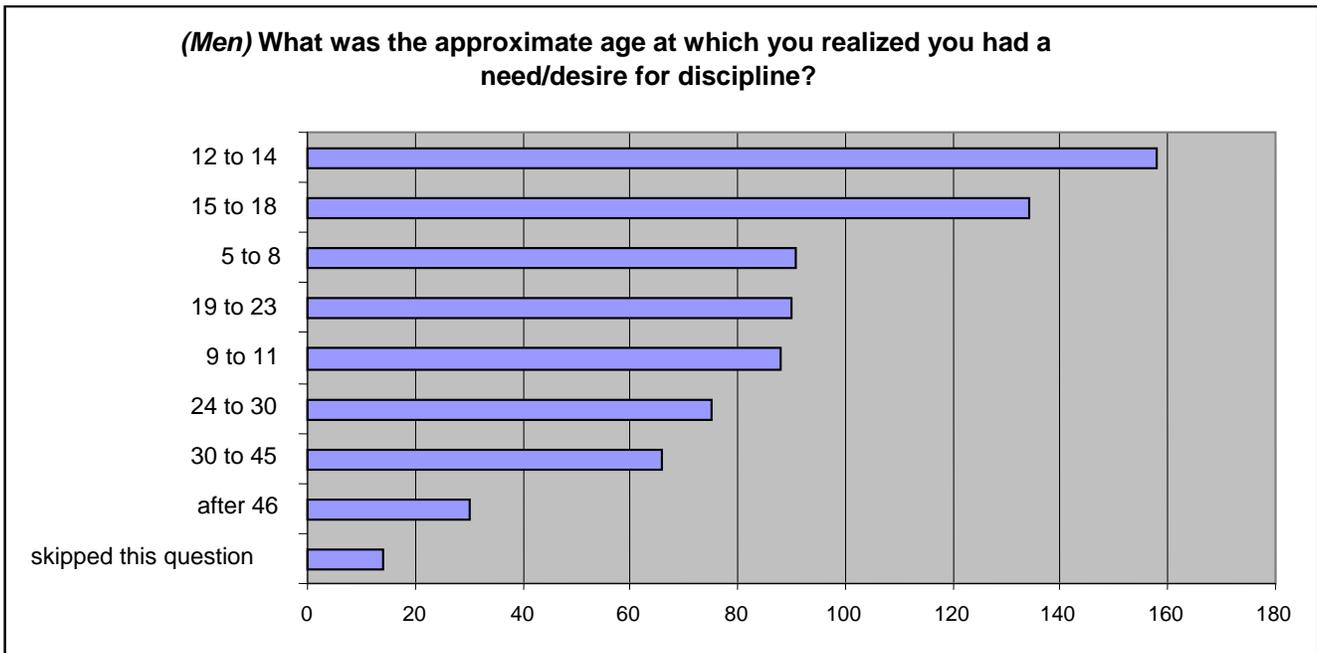
*"My mom didn't spank me that often, but when she did, I got it good."*

*"I think I really wanted my mother to spank me more often. I wanted to be spanked so much that I tried to have my housekeeper spank me, but she didn't. I had the need from as far back as I can remember."*

*"Great mom! Plenty of spankings, though."*

**(Men) What was the approximate age at which you realized you had a need/desire for discipline?**

5 to 8	91
9 to 11	88
12 to 14	158
15 to 18	134
19 to 23	90
24 to 30	75
30 to 45	66
after 46	30
skipped this question	14
<b>Total responses</b>	<b>746</b>



It was assumed, as with most sexual fetishes, that the spanking fetish in DWC men would have developed around the start of puberty. The survey results bear this out, with over half (380) of the responses identifying the years between the ages 9 and 18. It is surprising that almost 100 respondents realized this need/desire before the usual onset of puberty, between the ages of 5 and 9. For those who identified this need after puberty (19 years old and beyond), there is a question as to whether this is a latent need that was identified and/or triggered later in life, or whether this need actually formed later in life.

**(Men) What was the approximate age at which you realized you had a need/desire for discipline?**

Please describe any experiences or events that might have contributed to your first interest in spanking and discipline. 150

Of the 150 comments made by participants, 45 were related to actually receiving a spanking, 30 were related to seeing and/or hearing an event which became the trigger for the spanking fetish, 25 were related to school and/or teacher spankings, 10 were related to play spankings as a child, and 15 were related to reading about spanking. The variety of comments supports the belief that there are many routes by which a man develops a need for spanking and/or discipline.

- "I was abused and spanked by a male teacher at 11. This was NOT part of the school/discipline routine, as spanking was not acceptable in the school. He was a homosexual sadist/pedophile."*
- "Being punished by an aunt who favored a very effective administration of her belt. She never went anywhere without it. Truly."*
- "Just after marriage 20 years ago whilst not performing well enough in bed, my wife picked up a leather belt and thrashed me. I now get the cane and tawse, always hard for twelve or more of each on the bare bottom for discipline only, every 1 to 2 weeks. Sometimes more to keep me in line."*
- "I was messing up my life at 16. School was given permission to discipline me. One session with a strap really adjusted my attitude and behavior. It has worked ever since."*
- "I was acting like a jerk, and my wife decided it was time to change who was the boss."*
- "From the time that I was 11 years old till I was 18 years of age, I spent five days out of the week living with my grandmother. While in her house I was subject to her rules. Just like my mother, my grandmother believed in sound over the knee bare bottom spankings. She would really blister my bare bottom. I spent many a night sleeping on my stomach. I to this day, I am very grateful to her for all the love and attention that she showed me. I have never had any resentment for the way that she corrected me. I am a well rounded man thanks to her and my mother."*
- "As a young boy, maybe twelve years old, I saw a girl, of maybe 16, in a horseback riding outfit. She carried a crop and was impatiently hitting it on her own high black riding boot. That image stays with me."*
- "It started at the onset of puberty, when I saw the cover of a 'romance' magazine at a school paper drive where a man was spanking a fully clothed woman."*
- "I saw a mother give her child a spanking in a grocery store parking lot that just triggered my mind. I took my girlfriend to my apartment and told her about my experience and told her that I thought I needed her to spank me. She took off my belt, took my pants down and let me have it. Wow! It was great!"*
- "At the age of 10, I heard sounds of my neighbor, a girl my age, being razor strapped by her step-mother. I found myself envying her and imagined being ordered into this woman's house for a bare bottom strapping. This lady also always seemed to be very strict whenever I would see her."*
- "My mom had my aunt spank me when I was disrespectful to her."*
- "My mom caught me masturbating."*
- "Playing spanking games with a couple of girls from school. They used to chase us and we would let ourselves be caught and spanked."*
- "There were playful incidents playing with neighbor children that I truly enjoyed. 'Let's play school. I am the student, you are the teacher. I have to be punished for being late to school. (ages 8-10)' We also played 'cops and robbers,' 'hide and seek,' sports, and other outdoor games in the pre-TV, pre-computer era. TV sets were around--we just did not have one. Once I entered college, I discovered the spanking erotica in books and knew that I was somehow wired to be spanked by the opposite sex. Spanking seemed so intimate and sexual."*
- "I read a story of how a wife took control of her husband and spanked him if he didn't obey her."*
- "My mother bought me a magazine with cowboys on the cover. The magazine was actually adult oriented, but she didn't know that. Inside was a story about an outlaw gang with a woman in it. She was captured and whipped in order to tell her captives where her gang hid their loot. Even though I was in pre-puberty, I found it strangely erotic. Years later, I thought about that story, but in reverse. I was the one tied to a post and she was doing the whipping."*
- "I happen to read about spanking in a magazine, and the desire that was hidden deep inside suddenly appeared."*
- "Reading letters regarding spanking in Penthouse magazine in my early 20's."*
- "I asked my grandmother to spank me at age six. I was disappointed because she did not spank hard enough."*
- "My mom spanked my bare bottom fairly often and always scolded while my ass was in the air waiting for her wrath to begin. The wait was usually at least five or even ten minutes bent over the bed or chair waiting for the whipping to start. Beginning about twelve years old, the wait bent over the bed or chair became very sexy, and the punishment was always quite stern. The*

*sexier I thought the wait had been, the more stern the whipping was. Afterwards, I had very little desire for another spanking for several weeks or even months, but the desire would always return. It became increasingly sexual for me at about twelve, but is much more than just sexual now. I think she somehow understood that it had become sexual because only a few months after her spankings became anything other than unpleasant and painful, she stopped delivering them."*

*"I was spanked bare bottom by babysitter when I was eleven. Happened about once a month for a year. She was an 'old lady' of 18."*

*"At 15, a messy row with an aunt ended up with a choice between getting a 'good slapping' or telling my parents of my behavior, I chose the 'good slapping,' never thinking that it was to be a spanking. While I was sore and embarrassed, I enjoyed it somehow."*

*"My first spanking incident, outside of parental punishment, occurred when I was about age 16. My girlfriend was more than two years older than I, and we were out at a farm where her horse was kept. (By the way, she was the daughter of our church pastor – and very pretty – who was not allowed to participate in school dances, inasmuch as her father was a huge self-righteous so-and-so.) In any case, she became upset with me (for good reason) and told me she was going to discipline me (I don't remember her exact words). I objected in an over-bearing way, and she proceeded to tell me that either I would indeed submit or our relationship was over. Even though I was merely a 16 year old high school junior, and she was a nearly 19 and a college sophomore, I was completely smitten with her and didn't want to lose her. So, I backed down, and she pulled down my shorts and under shorts, and spanked me first with several swats with her hand and then finished with multiple lashes with her riding quirt, all on my bare bottom, except one lash that missed and hit me at mid-thigh, leaving a good-sized angry red welt. I tried hard not to, but I couldn't help but cry at the whipping part of my punishment. She was a bit shocked herself at the welts left from the quirt, and hugged me for a long time, even after I stopped bawling, and promised never again to use any type of whip on me. We later married and had three kids. She gave me many more spankings, as she felt appropriate, both before and after we were married (we've now been married over 40 years), but all discipline was in private, and she has never embarrassed me by mentioning it to anyone else. Also, the kids were never around when she spanked me. She used her hand, hair brush and, occasionally, a belt (which she did not consider to be a whip) and always on my bare bottom and usually over her lap. I never felt the spankings were unfair or unjustified, and she never mentioned or nagged me about my misconduct again after the spanking was over. She always held me afterwards, at least until I stopped bawling. She rarely required me to stand in the corner (bare, red bottom showing), although it did happen a few times. I did also get my mouth washed out with soap a couple of times after I repeatedly used very bad language, ignoring her warnings. I love her even more today than I ever did when we were younger and first in blissful love. Our friends would never consider me 'submissive,' but when it comes to being spanked, I have never tried forcefully to resist. This may cause some readers to shake their heads, but sometimes when I've been spanked right before being put to bed for the night, she has comforted me by putting me to suckling on a breast. I dread the spankings and seldom am ready for sex following a spanking, but I feel they have all been well-deserved and that my wife has been both very fair and loving with me."*

*"Although I hated being spanked, as it hurt very much, I always had a sexual feeling after the spanking which I didn't understand. I also got excited when hearing or seeing my siblings being spanked."*

*"I grew up with it and it just became a part of my life. I would definitely miss it if it were to stop now."*

*"About 13, I talked myself out of a well-deserved whipping. I often regretted it later."*

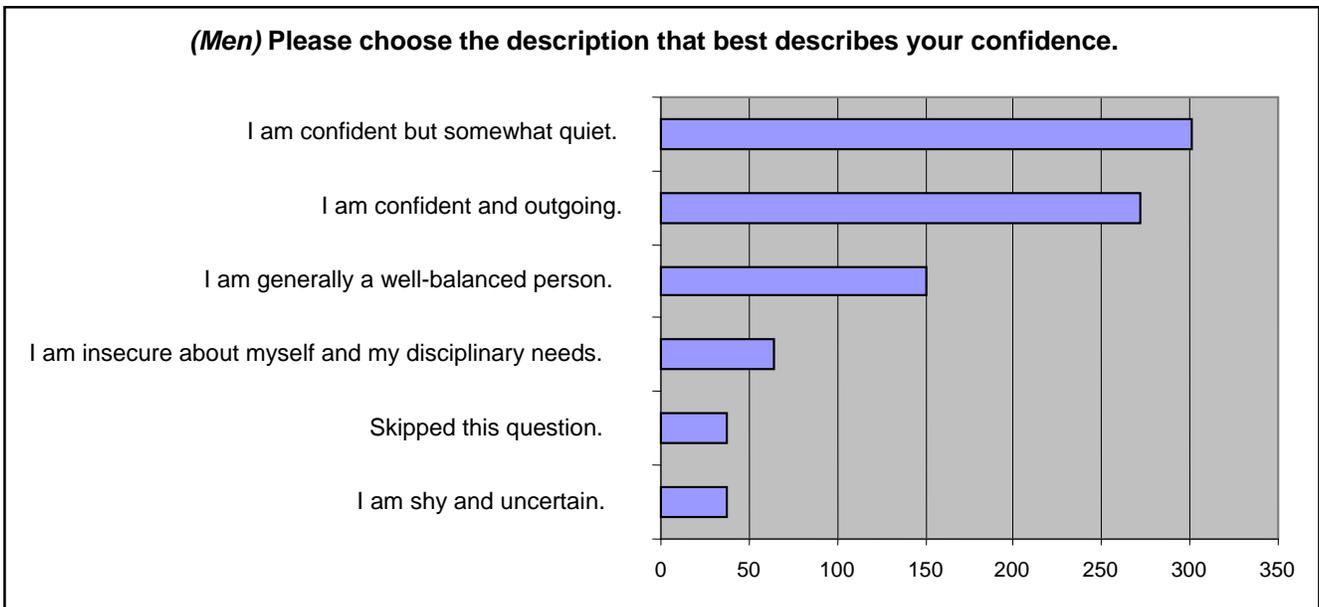
*"My father was the hard spanker in the house, and I feared his spankings. I think the intensity of the whole thing still excites me."*

*"I received a hard belt whipping from my aunt (mothers older sister) at 15 (almost 16) for drinking and lying about it. My aunt was a big 5' 10" 185 lbs. She wore a one piece swimsuit. It was my fist real spanking. I will never forget it!"*

- "My aunt gave me a long, hard paddling over her knee at age 10, that was a life changing experience."*
- "It was the popularity of the internet, leading to a whole new world of possibilities, that lead to the realization that I needed spanking in my life."*
- "It was knowing that other kids got spanked when they were naughty, but I wasn't. At age seven, I began to associate spanking as one of the forms of caring and love."*
- "Spanking was a turn-on for me. I originally preferred to spank my girlfriends, but was open to switch. My wife eventually insisted that it be her doing the spanking and I accepted."*
- "Spanking was used as discipline in school in grade school and junior high school, which enhanced my interest in spanking, especially with onset of puberty."*
- "A school teacher was giving me a few whacks when we both noticed the erection that I was getting. I have been looking for the same feelings ever since."*
- "A school teacher strapped me for being rude in class and then gave me the first hug I'd had in over four years. She told me I was not a bad kid, and gave me hope. I was a sad and lost little boy who found one person in the world who cared."*
- "I had a desire to try women's clothes on, being scolded and humiliated by a female teacher when I was eight."*
- "My wife told me to have the list of chores done before she got home. I wasn't finished my chores she gave me by the time she got home. So, she made me drop my jeans and bend over the arm of the couch. She pulled the back of my panties down and started delivering my spanking."*
- "I can't recall any specific incident, but remember always being interested, I am not sure how old I was, but certainly it was under 8. I have discussed this with others, and all seem to feel we were born with it, you either have it or you don't, and there's nothing you can do about it."*

**(Men) Please choose the description that best describes your confidence.**

I am confident but somewhat quiet.	301
I am confident and outgoing.	272
I am generally a well-balanced person.	150
I am insecure about myself and my disciplinary needs.	64
I am shy and uncertain.	37
Skipped this question.	37
<b>Total responses</b>	<b>861</b>



It is generally accepted, not only in the DWC but in the world of BDSM, that most of the men who want to be dominated, controlled, disciplined and/or spanked are self-confident—because in order to submit yourself to the control of another, you need a certain level of self-confidence; insecure men are generally not interested in such submission. The survey confirms this with most respondents (723 out of 861) considering themselves to be confident and/or well-balanced. About 100 respondents considered themselves to be shy or insecure.

**(Men) Please choose the description that best describes your confidence.**

Other (please specify) 35

The 35 comments made by participants fell into groups which mirror the numeric results above. Twelve comments were about being confident, seven were about being shy, and six were about being a combination of both.

*"I am no longer embarrassed about my desire, if I know a woman is 'one of us'. I can discuss it freely with her."*

*"I am innately confident, but only became interested in being spanked after losing a lot of my self-confidence"*

*"I am confident now, but it took a long time. I'm in my mid-sixties."*

*"I tend to be a quiet guy, but that does not indicate a lack of confidence. While my search for a DWC relationship has met with unceasing failure, I am still quite confident in what I offer a potential wife and I am aware of what would make me attractive. Unfortunately what I offer might not be apparent right away and a lot of women are not willing to get to know me, because I am initially so quiet."*

*"I feel confident and outgoing, however also somewhat uncertain as to my willingness to submit and surrender to a woman for discipline and authority over me. We generally reserve time alone in our bedroom for me to submit to her, like a little boy submits to his mother, then outside the room I take over as head of household, protector and bread winner."*

*"On the outside, I'm confident and outgoing. On the inside, I'm a little insecure, and have had a hard time being open about my disciplinary needs."*

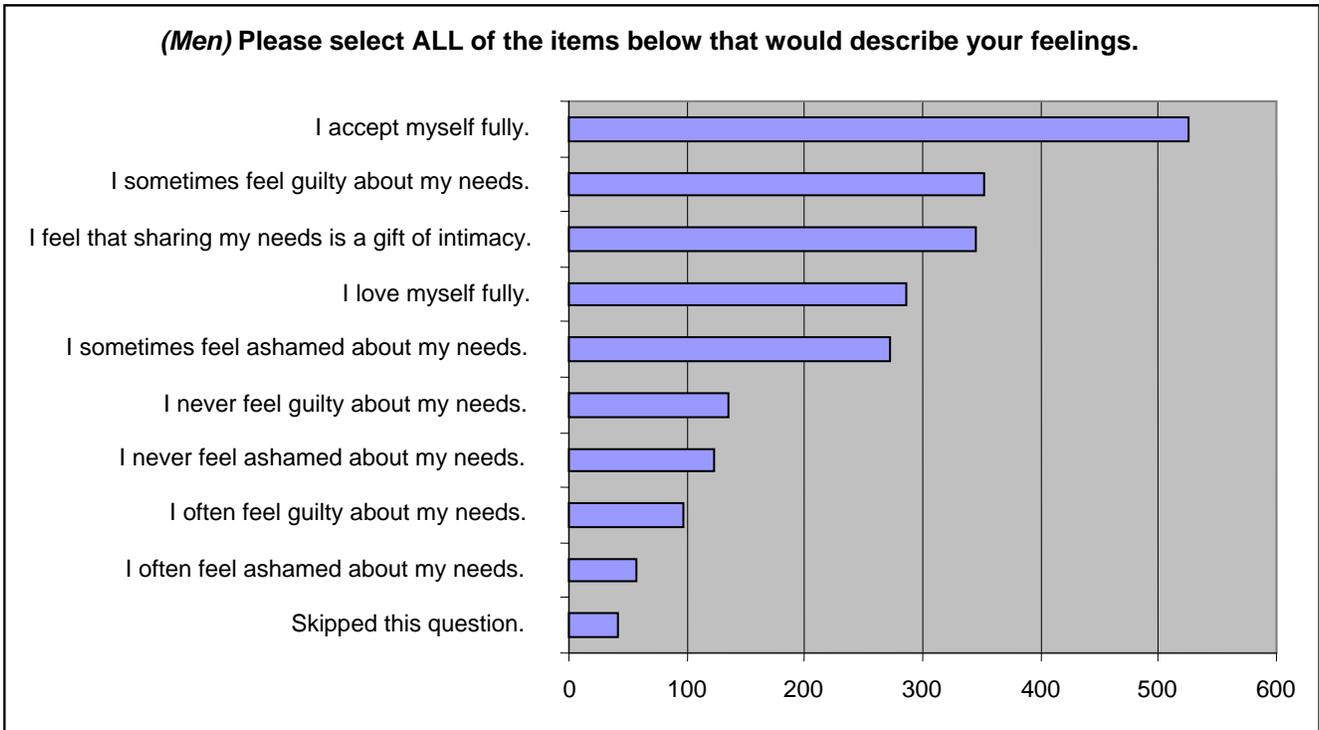
*"I am shy socially, but very confident professionally. I have had great difficulty raising the disciplinary issue. When discipline lapses, I find it really hard to bring up the subject even though I know that this is what I need."*

*"One would never know I'm a disciplined husband."*

*"There is a small degree of lack of self worth, and I do find the need to be disciplined a strange one that I often wish I didn't have, but could never resist it if it happened."*

**(Men) Please select ALL of the items below that would describe your feelings.**

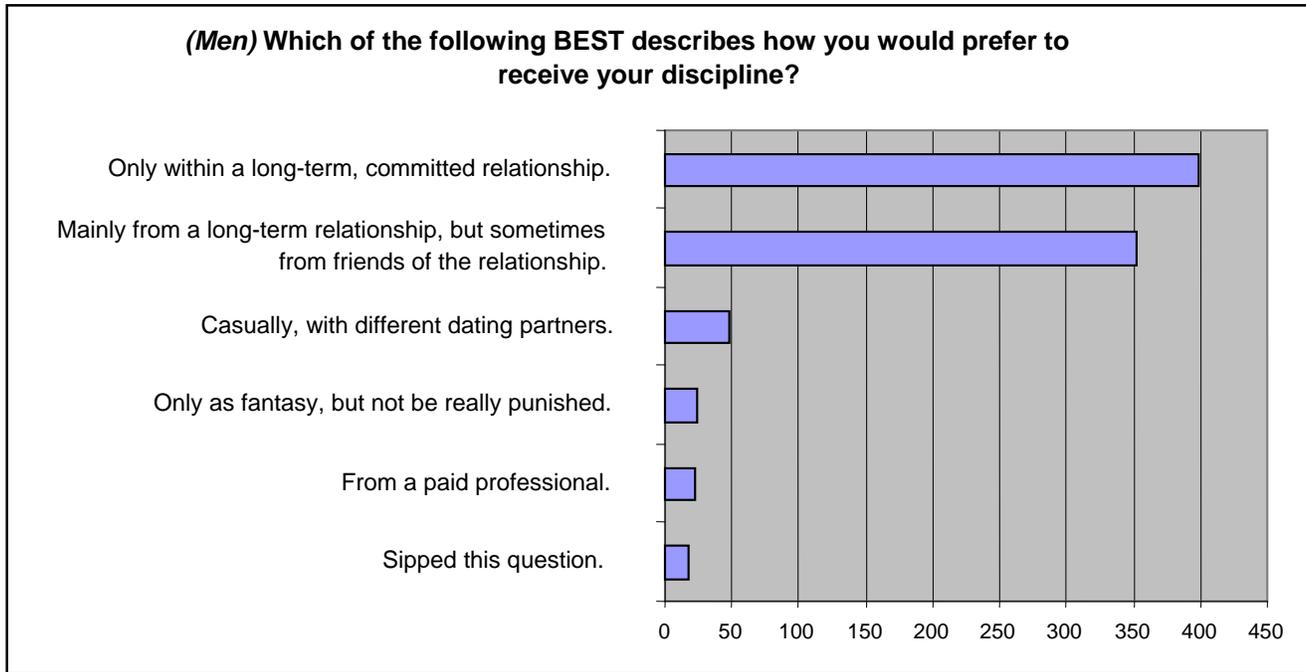
I accept myself fully.	525
I sometimes feel guilty about my needs.	352
I feel that sharing my needs is a gift of intimacy.	345
I love myself fully.	286
I sometimes feel ashamed about my needs.	272
I never feel guilty about my needs.	136
I never feel ashamed about my needs.	123
I often feel guilty about my needs.	97
I often feel ashamed about my needs.	57
Skipped this question.	41
<b>Total responses</b>	<b>2234</b>



While DWC men may consider themselves self-confident in general, they are mixed about accepting themselves and their disciplinary needs. This question generated over 2200 responses—more than any other question. About one half (1170) of the responses indicated that the men accepted and/or loved themselves, and/or never felt guilty or ashamed about these needs. However, more than a third (778) sometimes and/or often felt guilty and/or ashamed about having these needs. Many in the DWC talk about the intimacy of a DWC relationship, and 345 men who took the survey expressed that sentiment.

**(Men) Which of the following BEST describes how you would prefer to receive your discipline?**

Only within a long-term, committed relationship.	399
Mainly from a long-term relationship, but sometimes from friends of the relationship.	353
Casually, with different dating partners.	48
Only as fantasy, but not be really punished.	24
From a paid professional.	23
Skipped this question.	18
<b>Total responses</b>	<b>865</b>



Most men (752) who responded to this question wanted their discipline within a long-term committed relationship. Of that number, almost half (353) were interested in receiving discipline from friends of the relationship. A relatively small group (65) preferred their discipline from different dating partners, professionals, or in fantasy. This suggests that men drawn to the DWC are looking for real discipline—without being in control (“topping from the bottom”). Giving up that control to another who is not part of his daily life (as one would have in a long-term relationship) is virtually impossible. Since the man preferring a different dating partner or professional will have to give some level of instruction, and/or may be required to use a safe-word (required by most professionals), they retain some level of control over the discipline.

**(Men) Which of the following BEST describes how you would prefer to receive your discipline?**

Other (please specify) 31

In the 31 comments made by participants, ten men wanted discipline from their wives, six men wanted the discipline to be real and severe, and eight wanted their discipline from someone other than their wives.

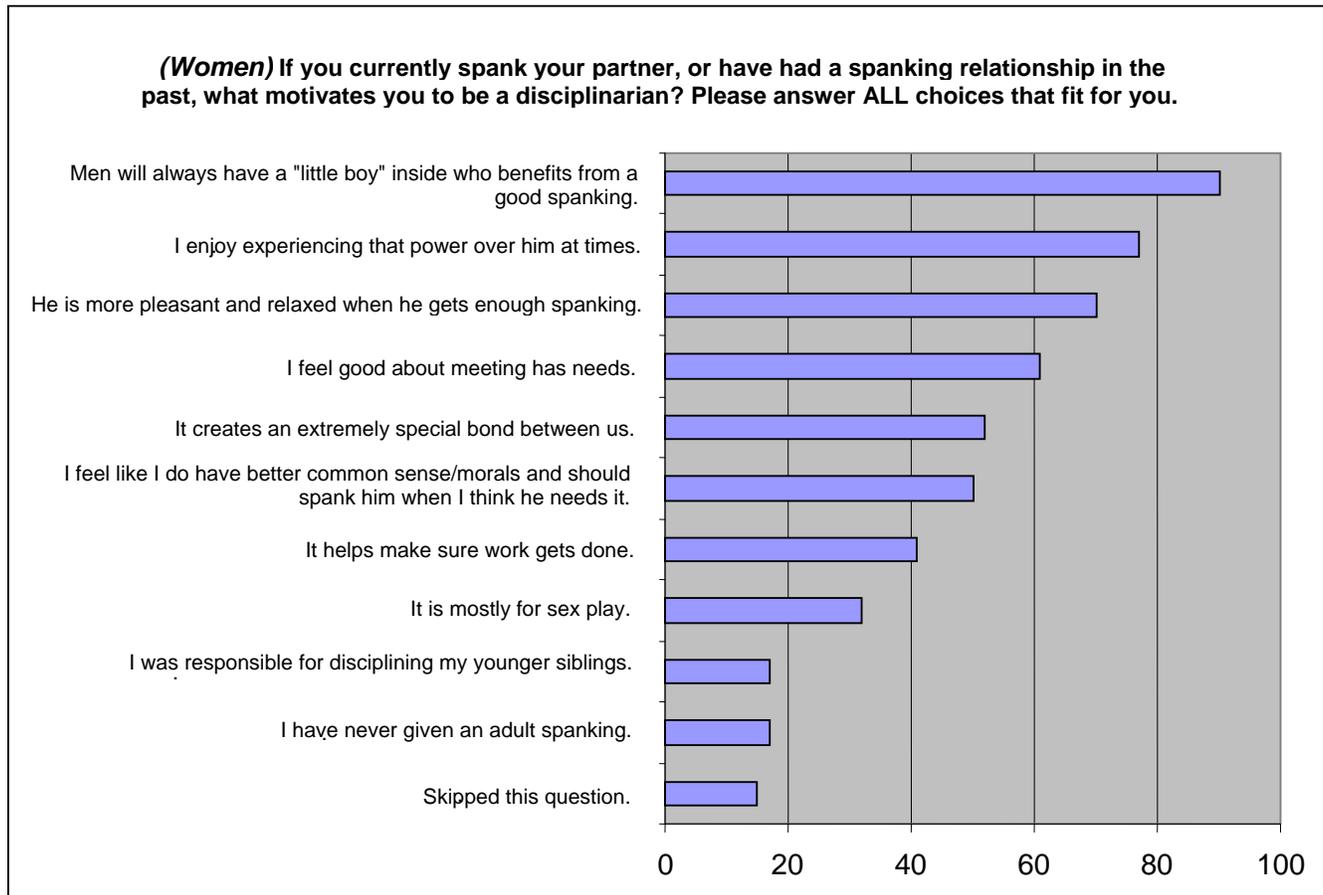
- “I want a mature, kind, understanding, but necessarily strict woman who would know what she has to do and why.”*
- “I want to get real punishment spankings for made-up offences.”*
- “I enjoy a good long term relationship, but it is the humiliation that I desire most. Every time I am asked to drop my pants for a new demanding woman, it is extremely humiliating, which makes it even more desirable.”*
- “I would love to get spankings as a fantasy, pretending I am much younger and get spanked by an older woman figure – aunt/naughty nephew, teacher/student, border/strict landlady, etc.”*
- “I would prefer to accept real discipline within a marriage or other long term relationship. But my wife allows her close female friends to spank me at gatherings and has asked them to spank me when she travels, if needed.”*
- “I would prefer to be spanked by my wife, however, she does not want to do this, so I would like to find a lady who would discipline me when I think it is necessary.”*
- “Only from my wife.”*

## How We Practice The Lifestyle

These questions were intended to gain some insight into how people are practicing the lifestyle. While every couple is encouraged to develop its own DWC lifestyle, learning about others' practices may benefit those just starting, thinking of starting, or are having problems with the lifestyle.

**(Women) If you currently spank your partner, or have had a spanking relationship in the past, what motivates you to be a disciplinarian? Please answer ALL choices that fit for you.**

Men will always have a "little boy" inside who benefits from a good spanking.	90
I enjoy experiencing that power over him at times.	77
He is more pleasant and relaxed when he gets enough spanking.	70
It creates an extremely special bond between us.	61
I feel good about meeting his needs.	52
I feel like I do have better common sense/morals and should spank him when I think he needs it.	50
It helps make sure work gets done.	41
It is mostly for sex play.	32
I have never given an adult spanking.	17
I was responsible for disciplining my younger siblings.	17
Skipped this question.	15
<b>Total responses</b>	<b>522</b>



The motivations in this question can be grouped as: what it does for him, what it does for me, and what it does for us. In the “what it does for him” category, more than half (90) of the estimated 150 women participants to the survey felt the “little boy” inside benefited from a spanking, and about half (77) felt that it made him more pleasant and relaxed. In the “what it does for me” category, more than half (77) enjoyed the power, more than a third (52) felt good about meeting his needs, and a third (50) felt that they had better common sense and morals than their men. In the “what it does for us” category, more than a third (61) felt it created a special bond, and about a fifth (32) did it for sex play (which is not a strictly DWC activity). On the whole, the responses show that the women participate for a variety of reasons. This should be encouraging for men looking for a partner, in that there are a number of benefits that may appeal to a woman in a DWC relationship.

**(Women) If you currently spank your partner, or have had a spanking relationship in the past, what motivates you to be a disciplinarian?**

Please add any other thoughts you have on this. 17

Of the 17 comments made by participants, several were from women who were relatively new to the lifestyle. A few found the lifestyle to be completely natural, and two women were participating reluctantly.

*“He suggested it. I took it on and it grew from there until I am now in charge 24/7.”*

*“He has a more active interest in the DWC lifestyle, as I have a very busy life – raising two kids, volunteer work, and substitute teaching; not mentioning normal wifely duties. We fit it in the best we can. He is usually the motivating factor. He makes the time when he knows he deserves and needs a spanking. I enjoy his attitude improvement afterwards.”*

*“I’ve had a couple of spankings from a boyfriend and it was sort of fun, but I’ve never spanked one as a punishment, or even for fun. I’d like to though, as I feel best about myself when I am in charge and this has led to a couple of boyfriends moving on. They think I’m pushy. I think the right guy is out there. I just have to find him. You ask what motivates me to be a disciplinarian, and as best I can say, the answer is that I think I’d be good at it. That I could help my husband. I don’t mean just give a good spanking, although I’ve been spanked enough myself to know what that means, and I’m sure I’d do a good job of it. By good at it. I also mean I’d know when to spank, when to encourage, when to scold and be good at setting rules and guiding him. I see myself as a nurturing person.”*

*“I like being in charge, it is really as simple as that.”*

*“My husband and I don’t do anything together.”*

*“It adds spice to sex, creates incredible intimacy, and acts as a reinforcement – a boost to his ego and morale.”*

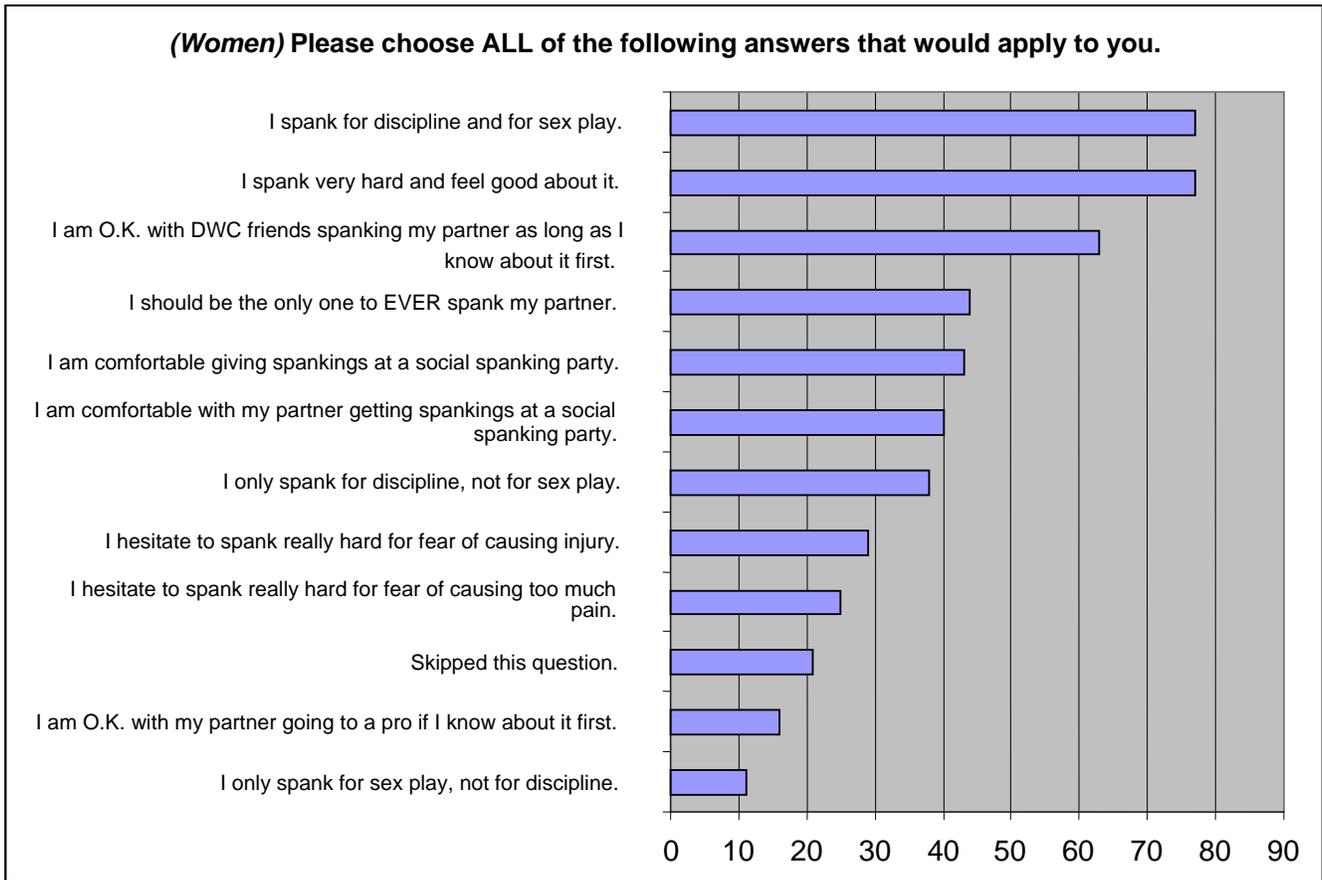
*“Spanking is very basic in our relationship. It makes our marriage very stable and happy.”*

*“I only do it because he wants me to. I do not like doing it, and don’t understand why it is necessary.”*

*“Although I didn’t know it at the time, my mother and dad have always had a DWC relationship.”*

**(Women) Please choose ALL of the following answers that would apply to you.**

I spank very hard and feel good about it.	77
I spank for discipline and for sex play.	77
I am O.K. with DWC friends spanking my partner as long as I know about it first.	63
I should be the only one to EVER spank my partner.	44
I am comfortable giving spankings at a social spanking party.	43
I am comfortable with my partner getting spankings at a social spanking party.	40
I only spank for discipline, not for sex play.	38
I hesitate to spank really hard for fear of causing injury.	29
I hesitate to spank really hard for fear of causing too much pain.	25
Skipped this question.	21
I am O.K. with my partner going to a pro if I know about it first.	16
I only spank for sex play, not for discipline.	11
<b>Total responses</b>	<b>484</b>



Because of limitations of the survey service, a number of topics were combined into this one question. These topics covered who may spank my partner, if I spank for discipline or sex play, and how hard I spank. On the topic of who may spank my partner, of the estimated 150 women participants to the survey, over a third (63) were okay with DWC friends spanking their partner, a little less than a third (44) wanted to be the only one spanking their partner, less than a third (43 and 40) were okay with their partner getting spanked and themselves giving a spanking at a spanking party, and just a few (16) were okay with their partner going to a professional. There are no obvious trends, and men will need to

discuss this issue with their partners. On the topic of spanking for discipline or sex play, most (77) women spank for both, about a quarter (38) spank for discipline only, and only a few (11) spank for sex play only. Perhaps this reflects what DWC men are truly seeking: discipline that does not exclude spanking as sex play. On the topic of how hard I spank, there is good news for men who are early in their DWC relationships, because a common complaint of DWC men is that their partners do not spank hard enough. It may comfort men to see that most (77) women spank hard and feel good about it, with only about a third (54) hesitating to spank hard for fear of causing injury or too much pain. The latter group may be early in DWC relationships. According to Aunt Kay's experience, most women overcome these concerns with practice.

**(Women) Please choose ALL of the following answers that would apply to you.**

Please add any other details that might help. 28

Of the 28 comments made by participants, a few were from women who were unsure of their roles / feelings about being in the lifestyle. Some were very committed and strict. Ten comments were about administering punishment in front of others or by others, and a few were about spanking only as part of the couple's sex life.

*"I am not sure how I would feel seeing him get spanked by someone else. I would definitely need to know about it."*

*"I punish - he obeys."*

*"He knows the rules and what happens if he breaks them. So it's his own fault."*

*"Spanking, and more generally discipline of males by females, should become more accepted, more open and less of a secret in decent society. Nobody should feel shy or ashamed about it. It should gradually come out in the open. Our society must be transformed into a matriarchal society."*

*"I do not hesitate to spank my significant other whenever I think it's necessary. He has been spanked in front of others for childish deeds."*

*"I'm capable of providing the type of nurturing spanking he needs, up to and including disciplinary spankings that end in tearful emotional release."*

*"Spanking is a very intimate, loving communication between two or more people who, consensually, agree to commit more to the relationship that just some 'spanky-panky.' which to me is dull and boring, as well as possibly terribly emotionally dangerous."*

*"I would not ever like someone else spanking my partner. The sex is good after a spanking, and sometimes, the only sex I get when I spank him."*

*"I am concerned about injury, but know I need to do a good job and so push on. I don't think I'd be comfortable with someone else spanking my husband, as to me, it is a very personal thing."*

*"I hesitate to spank because I don't like doing it, and because it hurts my shoulders."*

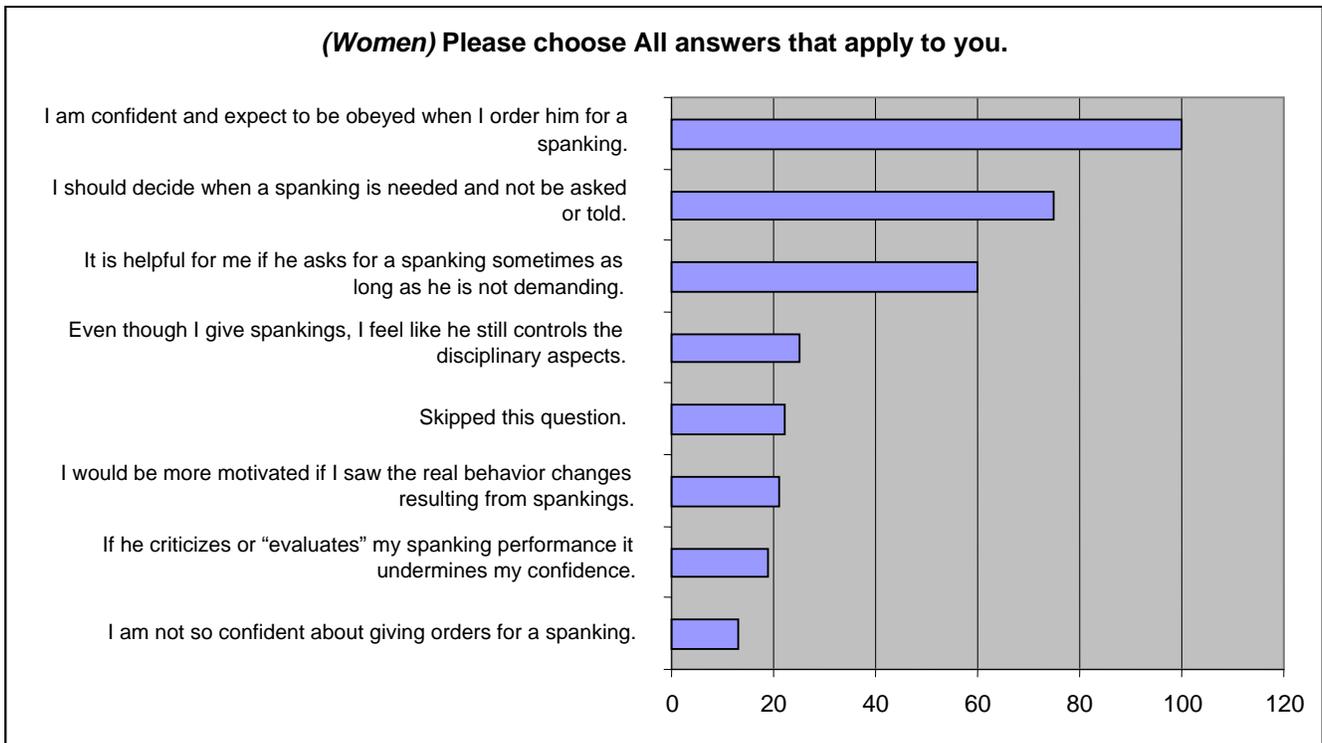
*"I would allow the right gal who was DWC to spank him, but feel I should know her and trust her."*

*"I spank for discipline as part of role playing, but not for real life. Spanking increases the intimacy between a couple."*

*"He is a better lover after being spanked."*

**(Women) Please choose All answers that apply to you.**

I am confident and expect to be obeyed when I order him for a spanking.	100
I should decide when a spanking is needed and not be asked or told.	75
It is helpful for me if he asks for a spanking sometimes as long as he is not demanding.	60
Even though I give spankings, I feel like he still controls the disciplinary aspects.	25
Skipped this question.	22
I would be more motivated if I saw the real behavior changes resulting from spankings.	21
If he criticizes or "evaluates" my spanking performance it undermines my confidence.	19
I am not so confident about giving orders for a spanking.	13
<b>Total responses</b>	<b>335</b>



This question deals with whether the men are getting it right, and what they need to do to keep their wives motivated in the lifestyle. For the DWC relationship to work effectively, the men must relinquish control. Otherwise it is difficult, if not impossible, for the women to participate in the lifestyle. It appears that most of the couples are succeeding. Of the estimated 150 women surveyed, two-thirds (100) are confident and expect to be obeyed when administering discipline, and one half (75) decide when to spank their partners. It appears to be acceptable to about a third (60) of the women that their partners request discipline as long as it is not demanded. It is good, inasmuch as these are unacceptable DWC behaviors, that only a small number of women report that their partner controls the discipline (25), does not show behavioral improvements (21), evaluates or criticizes her (19), or does not always accept the spanking (13).

**(Women) Please choose All answers that apply to you.**

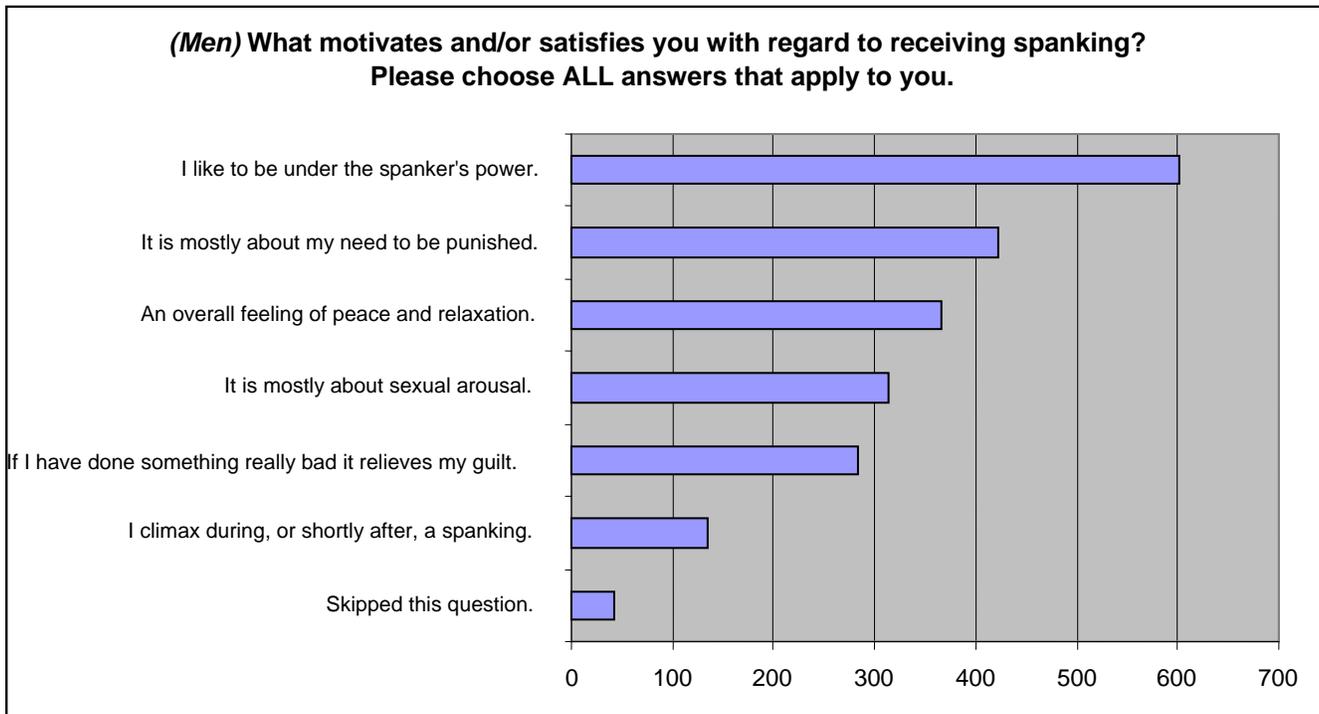
Please add anything else about what encourages you to be more involved in giving discipline. 19

Of the 19 comments made by participants, eight of the comments were related to good experiences with the husband's behavior, while four were related to problems or reluctance, and a few expressed both points of view.

*"I do not initiate the spanking – he decides when he 'needs' it, and I decide whether I will or won't."*  
*"I would need more experience to make a determination of the impact of spankings. Currently it is theoretical."*  
*"The results are great! He does the housework for two weeks after a spanking, wearing a frilly apron."*  
*"I enjoy it."*  
*"I wear the pants and I decide when a good spanking is necessary."*  
*"I must be the one to decide when and how to give a spanking and caning, and how severe it should be and what instruments to use. He must not be allowed to give any opinion regarding these matters, and never to control from bottom, of course."*  
*"He has never asked for a spanking. He says they really hurt and he doesn't like them."*  
*"I am a fair woman and I hear his side before I decide on discipline actions if needed, but when it is time for his discipline, he knows that any delay or complaining warrants a longer and harder session. You must maintain control."*  
*"I don't ever spank or want to."*

**(Men) What motivates and/or satisfies you with regard to receiving spanking? Please choose ALL answers that apply to you.**

I like to be under the spanker's power.	602
It is mostly about my need to be punished.	423
An overall feeling of peace and relaxation.	366
It is mostly about sexual arousal.	314
If I have done something really bad it relieves my guilt.	284
I climax during, or shortly after, a spanking.	135
Skipped this question.	43
<b>Total responses</b>	<b>2167</b>



Three quarters (602) of the estimated 800 men participants felt it was the power exchange that motivates them to receive spankings. While reported in significant numbers, the more accepted reasons were not the central reason: need for punishment (423), peace and relaxation (366), sexual

arousal (314), and relief of guilt (284). This need for the exchange of power illuminates the common assumption that most men in the DWC are in positions of power in their careers / community / social groups. They appear to be looking for some relief of that pressure by exchanging power with their partners.

**(Men) What motivates and/or satisfies you with regard to receiving spanking?**

Please add any other details that might help. 136

Of the 136 comments made by participants, 70 were about relinquishing control and/or power to their wife or being dominated by their wife, 31 discussed the sexual gratification from participating in the lifestyle, 20 were about improving their relationship with their wife, ten related to the man's improvement in behavior, six were related to being punished for their bad behavior, five were about relieving stress from elsewhere in their life, and finally, three related to feeling that it gave them a clean slate.

*"Giving of yourself to someone, to do with as she pleases is a sexual turn-on. Pain and pleasure are closely related. It also gives me a release from any guilt feelings I might have for bad behavior, which could be almost anything."*

*"I fantasize about my partner using spankings to help me improve my behavior, be a better husband, father, and accomplish goals on which I am procrastinating. It is impossible to continue undesirable behavior when your partner you want to please is scolding and spanking you for behavior you need to change."*

*"I am motivated by knowing I must take care of her and her home the way she expects and must maintain the correct attitude and behavior. Maintain the 'yes ma'am' frame of mind."*

*"Sometimes I feel like I'm still seven or eight (50 years ago) and should be treated so. Be it anything from just being told to be quiet, sent to bed early, made clean up my room, or being caught being bold in some way which will mean having my bottom smacked."*

*"Just to know that my mate can spank me when she wants and monitors my behavior, motivates me."*

*"It hurts and is not erotic except in the fantasy side, or leading up to it - but it does create a need and desire to be there, and afterward a firm reminder about the behavior"*

*"I hate having an argument and she stays angry with me for days afterwards. I would much rather be spanked hard, and then it is over and I am forgiven"*

*"Spanking is about being held accountable for your actions. However, the idea of a woman spanking a man is sexually arousing as well."*

*"If it goes right (and it almost never has), I feel totally warm and clean, like a flushed-out radiator, all of those stagnant impurities washed away."*

*"It relieves tension and frustration like nothing else can."*

*"I feel total relaxation when I submit."*

*"I feel a need to have a woman take control in my private life, since during the business day I have to make all the decisions."*

*"It establishes a feeling of a loss of control. It converts to a desire to please my partner sexually and found I had a stronger sense of focus."*

*"I like the surrender of control, humiliation and embarrassment, fear and anticipation of pain, helpless feeling of not knowing when it will stop, and the warm afterglow."*

*"It provides a tool for my wife to exercise her authority and to control me."*

*"The idea of being across a woman's lap to receive a spanking is overwhelming, and the sense that she has total control and possession stirs me profoundly. The sense of trust and commitment also penetrate my soul and make me feel very close and loved by the woman. While the feeling may be humiliating I also somehow feel protected. Amazingly this comes from only professional sessions, so I imagine the feelings would be even more profound in an actual relationship. I hope I find one."*

*"My stinging butt reminds me to do as I am told!"*

*"Before the spanking (I imagine) it is the knowledge that I could be spanked that is arousing. After the spanking, with a warm, red bottom, I would feel her love. During a spanking, it just hurts! But*

- the most important thing is the maternal nurturing aspect of being watched over, taken care of, and disciplined, and loved in it."*
- "The power aspect best describes the motivation. When you believe that it is the proper order of things for the female to be the head of the household, and therefore the disciplinarian in the relationship. If you are naughty – you get spanked."*
- "My desire for my wife to punish me is directly linked to my wish for her to take total control of my life. The punishment/discipline is therefore an expression of my submission to her will."*
- "The power exchange is the most important thing to me, the physical pain is mostly reinforcement for her dominance and my submission."*
- "It does need to be hard and painful enough to make me become desperate enough to let go of my 'brave front.' It also needs to be absolutely unavoidable; I need to be able to try to resist mentally, and fail."*
- "Submitting to a woman's authority and power over me really melts my heart. I feel very secure when my woman spanks me. I need to belong to a very strong and dominant woman. I often times feel a genuine need to be broken by her even to think of her as my disciplinarian mistress. I feel very close to my wife when she spanks me, much like it must have been with my mother. Sometimes I like to have my wife turn me over to others to be spanked as she watches or even sends me of to be with them alone which has happened on only a few occasions. When my wife spanks me it makes me feel very close and very secure with her. It makes me love her more even though she often makes it really hurt, even to crying real tears and begging her to stop. Usually Sunday nights are our nights for discipline. Tonight she was feeling a little bit offish so suggested that we meet tomorrow. I dread the thought of having her punish me, but all the same I still seem to need it. I dread the thought of being abandoned. Perhaps a good spanking makes me feel worthy to be loved, accepted and kept by my woman and not abandoned or left behind."*
- "I do have a need to be punished regularly. I like to be scolded by her and it's okay with me if she is unreasonable sometimes, so long as she forgives me after a hard spanking."*
- "I believe this is the best way to resolve issues within a relationship. I believe it requires love, commitment, and a general understanding from all parties for it all to work."*
- "I haven't been spanked yet. I would very much like to be spanked, but I can't see myself ever not obeying her."*
- "When I am spanked for naughtiness, I feel I have paid for my misconduct. All guilt is washed away and a clean slate is created. Spankings result in long periods between infractions that hurt my wife, and that makes it all worth while. I love my wife beyond words. When I am spanked, my behavior improves and she is happier, that is my primary motivation to be spanked."*
- "It is belief in the partner's better knowledge and concern for my actions."*
- "It keeps me centered. It is a great way to communicate with someone. I have had some very special tender moments that just 'happened' during a spanking that were wonderful."*
- "After a spanking, my self-confidence and self-esteem is greatly increased, I feel happier, more at peace, and more loved."*
- "I simply love the act of submission. I am a very virile man in my daily life. I love how embarrassing this is for me."*
- "I feel just wonderful when in the over-the-knee position, I would like to stay there for hours and after the first couple of strokes the endorphins take over and there is no pain. I find it delicious. There are times when I'm bruised for days and as long as I don't go to the gym I don't really mind."*
- "This has brought my wife and I to the highest sexual places we have ever been."*
- "It is mostly about intimacy."*
- "We always great sex after a good spanking."*
- "We both agreed that there would be no sex after a session, that would lessen the effect of the session and turn it into foreplay which is not the intent of a punishment spanking."*
- "I do not have guilt to assuage. This is about intimate, sexual activity."*
- "I like the personal attention."*
- "I feel desired and understood by the woman giving the spanking."*

- "Never really having had a proper spanking, I don't entirely know. I do fantasize both sexually and about giving up control, but I don't know how I would react to a real spanking."*
- "It is the forgiveness afterwards which was never given in my life. All sins lived a life of their own forever...."*
- "I don't know why, but it makes me feel loved. It's a need for affection."*
- "Definitely NOT a sexual thing. Spanking just plain hurts!"*

**(Men) What kind of information, or self-help tools, might help you to find a disciplinary partner or to improve that aspect of your current relationship.**

Responses.	266
Skipped this question.	630
<b>Total responses</b>	<b>896</b>

Of the 266 responses made by participants, 60 comments were related to a desire for a DWC directory, 45 men indicated a need for written materials including things they could share with reluctant wives, 40 comments were about improving communication in the relationship, 20 participants sought internet resources such as a forum or chat room. Many of the respondents were looking for ways to ask questions or get advice from other DWC participants. A large number of respondents asked for materials that are already available on the DWC website. Perhaps many visitors to the site do not go beyond the more sexually arousing portions to look at the materials available. Finally, a few participants wanted to see the DWC receiving mainstream exposure.

- "Any way to encourage my wife and make her understand my need for severe and regular discipline."*
- "She is a loving, nurturing, generous, and good woman who doesn't like to punish anyone. I'd like her to know that I want, really want, and enjoy her guidance and demands. That she can, and should, be her nice self to the world, but that she should be very demanding and critical of me. If she loves me she can use anything in her power to make me exactly the man she wants. Any disappointment for her is disappointment for me. A spanking lets me easily get into, and accept, her authority over me."*
- "Talk about your needs. That's all. It is not a crime to like spanking and discipline!"*
- "Communication, understanding, and patience."*
- "I don't know what would move my wife towards this. I do know that I would rather have my bottom whipped with a well-chosen switch than have my psyche assaulted with ill-chosen words. My wife thinks that spanking me would be all about sex, and she practiced spanking me in bed briefly about ten years ago, but she has stopped that. Disciplinary spankings are off her radar screen."*
- "Not sure that there is a self-help tool for the sort of woman I am looking for. They have to want to sincerely control a man."*
- "I would be interested in meetings with other interested men to discuss needs and how to get them satisfied."*
- "Real women talking about the benefits of the lifestyle."*
- "Contact information."*
- "We need more one on one help from the beginning, She is not in to chatting with others but will talk to a lady who knows what she is doing and will assist her by taking me and showing her how to discipline and then following up with encouragement to get in charge and not take 'I don't want to be spanked' as a final answer."*
- "A local matchmaker!"*
- "There needs to be an openness about sexual 'needs' in mainstream dating services. Why can't match.com also include a section on sexuality? The only option is alt.com, which is too extreme for most people. We all want NORMAL relationships first, but without having to play Russian roulette on for our sexual needs, or be forced to convert someone, which is less satisfying, or be stuck with a vanilla partner. Can't we have it all? Having said that, I don't know that starting a DWC match-making service is the answer – though it would be nice. I think the answer is creating 'a safe, secure dating and introduction service,' where there are guarantees in place"*

- that I will not be exploited. A mentor or buddy scheme to look after me and supervise my introduction to female domination."*
- "Meeting other real life DWC couples has always really helped us feel like our lifestyle is 'normal' and my wife feels very natural about spanking me."*
- "I often wonder about realistic statistics of how many people have these desires and participate in spanking relationships."*
- "Sites like this."*
- "I have already found much useful information on spanking blogs."*
- "I think more sites like DWC would be very helpful. Aunt Kay has done such a wonderful job of putting together a classy and informative website. The real life stories are very inspiring and motivate me to continue searching for the one special woman I can spend the rest of my life with."*
- "The million dollar question."*
- "If I knew that..."*
- "I found the info on the DWC web site quite helpful, as well as materials I ordered from the DWC. Unfortunately, my wife, after initially embracing the lifestyle with a great deal of enthusiasm, eventually decided it detracted from my role as a 'strong, confident man' – a trait which she has always admired in me. Consequently, to my disappointment, we abandoned the DWC lifestyle."*
- "Toys."*
- "More press and television commentary."*
- "I wrote a booklet for my wife to read, some of it my own thoughts, while other parts from various authors. It has helped."*
- "Education that teaches her how to go about it, which would motivates her. A program or how-to manual."*
- "How-to book for beginners."*
- "Detailed accounts (not brief fantasies) of how domestic discipline has been incorporated successfully in a long-term relationship or marriage."*
- "Articles and advice about what works. How to 'stick-with-it.'"*
- "A diary of my bad behavior and the punishment I received."*
- "A local workshop. A video/workbook combination that included exercises in between video segments. Any 'hands on' practical material."*
- "Tools that would help my wife realize that it is her right, not privilege, to control me and that she should feel wonderful when she brings me into submission."*
- "Exploration and analysis of the complexity of the interest – the relationship between the wish to be spanked (a kind of pleasure) and the disciplinary context in which pleasure isn't an object, except abstractly. Exploring link of sex to spanking: I love sex apart from it, but often my sexual fantasies involve spanking and I suspect even disciplinary spanking, divorced from sex, would still stimulate sexual desire. Is this true?"*
- "Information about scolding and control. The hardest thing is for the spanker to have to plan everything. So much of the desire and need for me is to give up control. Being in control means thinking and doing for two. Helping her to understand the benefits of having me serve her as outweighing the work would help us. Also, information on couples who have been able to make this work. I want this to be enjoyable to her and not just living my fantasies and needs. It has to be about her too. I guess information to reconcile that would be nice."*

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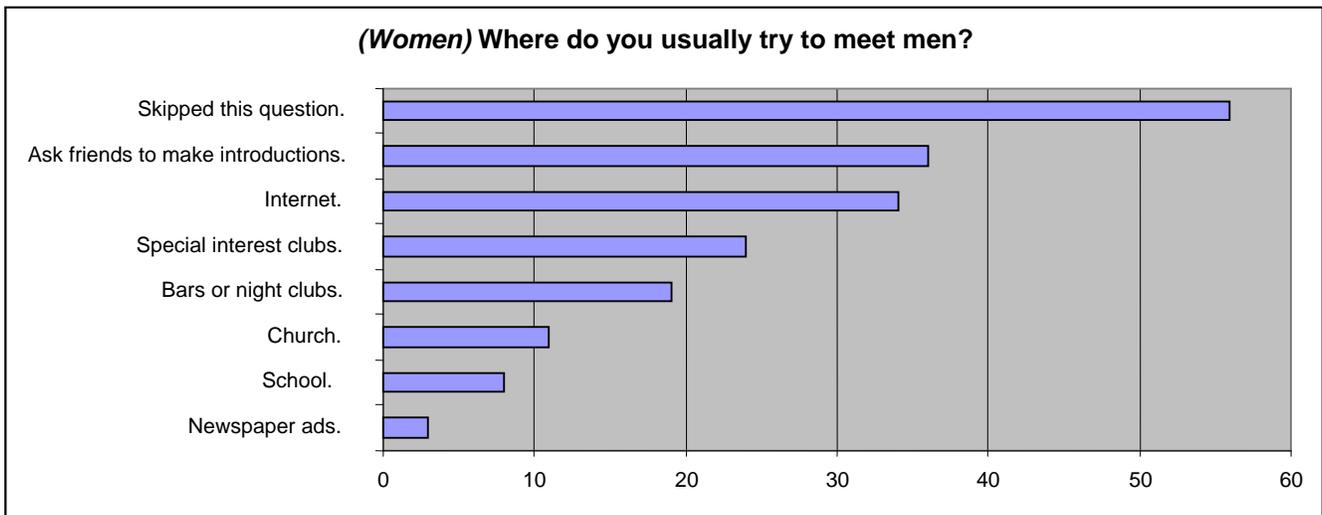
## How We Find Partners

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The eternal question for women and men is how to find a partner. This is made even more difficult when the man has a disciplinary need that may not be considered socially acceptable. While many of the participants in the survey appear to be in long-term relationships, it was hoped that these questions might help those who want to be. By definition, the DWC lifestyle is practiced in long-term relationships, and the DWC cares about helping people find that relationship.

**(Women) Where do you usually try to meet men?**

Skipped this question.	56
Ask friends to make introductions.	36
Internet.	34
Special interest clubs.	24
Bars or night clubs.	19
Church.	11
School.	8
Newspaper ads.	3
<b>Total responses</b>	<b>191</b>



It is likely that many women skipped this question (56) because they are in long-term relationships and have not recently been looking for partners. Of those that responded, about an equal number meet men through friends' introductions (36) and the internet (34). Fewer respondents used special interest clubs (24), bars and night clubs (19), church (11), school (8), or newspaper ads (3). For men looking for partners, these responses from the women may help them focus their efforts.

**(Women) Where do you usually try to meet men?**

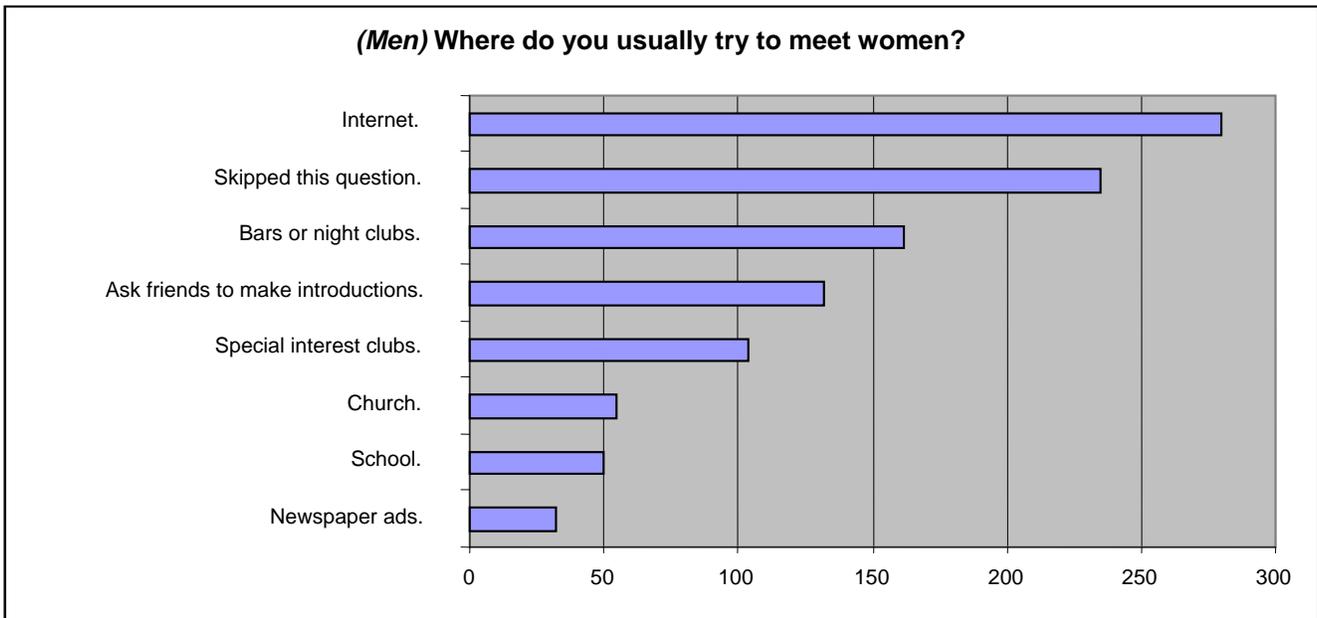
Please describe what you have found works best, and worst for you in meeting women. 34

Of the 34 comments made by participants, a few mentioned specific places.

- "I don't try to meet men now, but I met my husband in church."*
- "Normally I just happen to meet them – kind of normally."*
- "Spanking scene events."*
- "Introductions by other friends and the internet are the best. Bars, night clubs and church are the worst. Natural and normal behavior with an affectionate attitude during the first meeting is very helpful."*
- "The internet."*
- "I met my last partner through an ad on the internet and find that is usually the best source. I have also attended female domination and spanking groups, but did not find people interested in a long-term relationship."*
- "School or work."*
- "Mostly it's been through school, and now, work. I don't go out of my way to look. Men are just there."*

**(Men) Where do you usually try to meet women?**

Internet.	280
Skipped this question.	235
Bars or night clubs.	162
Ask friends to make introductions.	132
Special interest clubs.	104
Church.	55
School.	50
Newspaper ads.	32
<b>Total responses</b>	<b>1050</b>



The men had no clear winners for ways to meet women either. As with the women, many used the internet (280), bars and night clubs (162) and friends' introductions (132). Fewer used special interest clubs (104), church (55), school (50), and newspaper ads (32). It is interesting to note that there is a mismatch between men's and women's approaches to finding a partner. Men gave high ratings to bars and nightclubs, while these were much lower for the women. Since both women and men ostensibly have the same goal, it appears that a man's efforts would be best spent on the internet and friends' introductions, while skipping newspaper ads.

**(Men) Where do you usually try to meet women?**

Please describe what you have found works best, and worst for you in meeting women 176

Seventy-five comments indicated that participants were in a long term relationship and, consequently, not trying to meet women. Maybe they thought the DWC might report back to their wives (which, of course, the DWC did not). Of the 176 comments made by participants, 30 reported using a variety of methods to meet women, 25 recommended being honest with potential partners from the start, 25 related to success in using the internet, ten were from participants who found partners at work, a small number claimed to have no trouble meeting women in everyday life, and a couple of respondents prefer to enjoy the lifestyle in fantasy only.

*"To meet a woman in the daily life, job, with friends, and this sort, is the best. To go for it at a night-club is the worst. No one seems to be really interested in any deeper involvement there."*

*"Be yourself! Lies and lip service are a horrid start to any type of relationship, after all, if you base your relationship on a lie, the rest is doomed. Honesty, genuine emotion and being able to make people laugh is important (works for me anyway). While we all seek or have found the perfect balance to the domestic discipline lifestyle, none of us who practice the DWC lifestyle spend 24 hours a day over someone's lap for a spanking or with their nose in the corner! Intimacy, good communication, honesty are all benefits we have reaped from living this lifestyle."*

*"Forget about looking for a woman who spansks, and look for someone who accepts you. I am also drawn to strong, bossy women, though."*

*"I have not found anyone in Michigan. PLEASE HELP ME!"*

*"Cruising in Amsterdam."*

**(Women) What kind of things have, or would, encourage you to take on the disciplinary role and administer spankings? Please elaborate as much as you can.**

Responses.	70
Skipped this question.	96
<b>Total responses</b>	<b>166</b>

Of the 70 responses, 20 related to correcting bad behavior, 15 were about the improvement in the couple's relationship, six were from reluctant wives, five were related to enjoying the power the women get in the lifestyle, and a few were about satisfying his needs. Interestingly, a few responses related to the wife wanting some discipline herself.

*"He asked for it. His cute butt. His brattiness."*

*"He is male, always naughty, and I enjoy disciplining him."*

*"I discipline my husband when he gets lazy or sasses me. He is pretty good, but occasionally gets out of hand. He does yell a lot during the very hard sessions with the cane."*

*"I ask that he is patient and understand that this is new for me. Be honest."*

*"I would like someone to discipline me on a weekly basis for the things I have done wrong all week."*

*"I've always been raised to believe that women were superior to men and should act accordingly. When I was growing up, the women I knew were heads of their respective households. I don't know how much spanking went on, but the men towed the line and listened to the women. Things went smoothly and everyone was happy, too."*

*"I have a desire to spank a man and be the dominant person in the relationship."*

*"I am motivated by his desire to be spanked. But I also have found that sometimes it does me a lot of good to punish him, for instance when he is late (a frequent problem and a source of irritation for me). And, although I usually prefer not to admit it to him, it arouses me sexually."*

*"His need and desire for this. If he didn't want this, we would not do it. I would never try to force this on him."*

*"I am motivated mostly my husband. I have a more reserved personality, and usually only exert myself by losing my temper and yelling, and only after extreme provocation. He introduced me to it and since it seems to work, we have continued it."*

*"I never had that desire, but when he asked me to spank him the first time, I obliged and loved the power that I had over him. I found that a male can get a great deal of sexual pleasure from being spanked by a female."*

*"I only enter into relationships where it is agreed that I will administer discipline when I see fit. I would administer a spanking if chores I assigned were not completed within the specified timeframe, he broke one of my household rules, sassed me, or otherwise exhibited bad behavior (e.g. viewing pornography, masturbating without permission, making a frivolous purchase when he needed the money for important things, etc.)."*

*"I enjoy experiencing that power over him."*

*"Love."*

*"He suggested the idea one day when I was scolding him. Sometimes I wouldn't talk to him for up to a day when he did something stupid, now we resolve the issue in less than a half hour."*

*"I love my husband."*

- "Things that motivate me include his misbehaving either on purpose or because he forgot to follow instructions, releasing needed energy for both of us, closeness and trustfulness that creates a closer bond than vanilla relationships, great sex when both are satisfied with the relationship and the depth of the relationship."*
- "Our family bond is just way stronger with me in control. It creates harmony around the home. I also like to limit certain things like TV, internet time and so forth and me taking the head of household role gives me that authority."*
- "The first time he asked to be spanked was for stress release. Until then I was only the one being spanked. During the following months, I discovered the benefits of spanking him for our marriage. Instead of quarreling, we solved our problems in this new way. Our sex life improved. And these days we both would not want to miss this for anything in the world."*
- "We use to argue... so one day in anger I whacked him with a large wooden display spoon. Our domestic discipline lifestyle developed from that."*
- "It was his idea, but I found I was whole heartedly in agreement once I thought about it."*
- "Initially it was because my husband wanted to try it. Then when I saw how embracing the DWC lifestyle could change my husband's behavior and attitudes, that was the encouragement I needed. After that, further encouragement has come from meeting other couples living in the lifestyle."*
- "Complete honesty from my partner (or prospective partner) about his needs. It is a matter of trust. His being at peace with himself is very attractive. His complete submission without being insecure or 'wimpish' about the whole thing."*
- "My husband is a good man – I don't want to punish him."*
- "To keep the peace."*
- "My husband requested it. He patiently discussed and analyzed my feelings with me to help us both understand and consider what this lifestyle would mean for us. Early in our relationship, he let me know of his interest in spanking (and we had play spankings a few times a year), so this was not surprising or shocking. Mostly, we both needed to understand how discipline was different. He showed me the DWC website and arranged for us to visit with Aunt Kay. I needed quite a few reassurances that this would not make me violent, would not result in him being injured and could benefit a relationship with which I was generally happy. It helped that we talked openly and took my concerns seriously. We read the real people sections of the site together and talked about our different responses to different attitudes. Most important to me was believing that my husband really did want this, and it could be practiced by 'normal' people. The Claudia DWC video was instrumental."*
- "It's hot!"*
- "I fantasize a lot about spanking men, but haven't tried it yet. I also enjoy looking at pictures of men getting spanked and would like to try it myself."*
- "It would be helpful if it was more well known or accepted in popular culture. Also, having men in a position where they had less of a 'choice' about it. Getting them 'initially' started is the most difficult."*
- "Don't know - maybe being very mad."*

**(Men) Please describe EVERYTHING that has worked well for you in getting a woman to agree to be your disciplinarian.**

Responses.	382
Skipped this question.	514
<b>Total responses</b>	<b>896</b>

Of the 382 responses made by participants, 130 (more than a third) recommended being direct about the man's needs, 60 were from men who were able to have it evolve within their existing relationship, 45 said that nothing had worked yet, 35 related to using various educational materials such as the internet, books, videos and DWC materials, 33 were about creating spanking situations – playful or otherwise – to maneuver their wife into punishing them, 25 were about providing compensation in some form, such as

money, sex, or other benefits, 20 were about improved behavior after punishment, 20 dealt with reluctant wives, and 12 were from men who had specifically sought women who would punish them.

*"Accepting punishment, followed by good behavior."*

*"By putting my wife first at all times, finding ways to please her and making her happiness my top priority, so that she was more inclined to dedicate a small amount of her time to giving me the attention I need. Also, begging a lot helped too!"*

*"Getting her involved in modifying my behavior."*

*"I behave very politely with a submissive attitude, asking her to make the decisions. I rub her feet when she is tired. When our relationship started to develop, I assure her that I would be obedient and devoted."*

*"It is always difficult to bring the subject up, as I fear rejection or ridicule. However, when I have, they usually relish the spanking session as much as I need them."*

*"What works best is being restrained and punished well past begging her to stop. I don't get blistered often, but it really hurts when it happens, and I am on my best behavior for weeks following."*

*"Most women take to it pretty quickly, even if they protest loudly at first. The smarter, more secure and more insightful the woman, the more likely she is to understand. At least that's my experience."*

*"I've found promising to do what they want in return is best – be that giving oral sex or shopping."*

*"Offering great energetic sex in return."*

*"I give money to paid professionals – nothing else has been as successful."*

*"Be blunt and up front as to what you need and desire. Spanking and discipline has come out of the closet, so to speak. I find that once the subject is broached with a woman, the fascination then becomes a desire. I believe women have a natural instinct to be dominant. It's a way of controlling and getting what they want sexually."*

*"Confessing my desire in the most non-threatening way possible, while trying to explain how it can be an extension of our relationship and not be some weird kink."*

*"Explaining that she can have total control of ALL household finances and is free to do what so ever she pleases while being able to control everything that I do."*

*"Honesty and understanding."*

*"I start by sharing fantasies with me as the master, then gradually switch."*

*"Gradual build-up of discipline elements and a lot of discussion."*

*"I use trust, honesty, and love. My wife and I have a truly life-long commitment, married 22 years and counting. She spanks me because it improves my behavior and she knows I need it. I do everything and anything for her. Meeting my wife's needs has resulted in her meeting mine, even though I would do for her without expectations of reciprocity. Even if she refused to spank me, I would love her forever. Men need to realize that giving to her will probably result in her giving to you. Spanking is not an isolated event in your relationship, just a part of it."*

*"I simply tell them what kind of discipline I need to keep me obedient and docile. I usually tell them this on the second or third date, and explain that I wish to be totally controlled and subjugated by them."*

*"Being honest and letting it being known from early on that you are bold sometimes and need to be punished for it."*

*"I wrote her a letter describing my feelings and needs."*

*"Being open and honest, and focusing on women who have a proclivity for dominant behavior. I let them know it excites me and would benefit them in a myriad of ways."*

*"Discussion and honesty. It took a long time."*

*"The main thing, above all else, is the promise of service. Being useful to a woman – bringing something to the relationship besides male fantasies to be fulfilled. Genuinely enjoying providing service. The other thing is being strong and confident in myself and in my submission. In my experience, a woman does not want a doormat or a wimp, but rather a strong male who is submissive to her, and to her needs and desires."*

*"Usually I have to take the time to explain to them that at first they will feel uncomfortable, but in time they will realize that they like it."*

- "When going to bed with a women I would sometimes be unable to rise to the occasion, and I would tell her that sometimes a spanking helps. It always did, and I can't remember any woman laughing at me. Of course I only did this with women I felt might be spanking prone."*
- "My future bride and I are now talking about my needs."*
- "Being charming, respectful and honest about desires. Don't make all of your sexual activity center around spanking."*
- "I openly talked with my girlfriends. I said to them that I just need to be spanked. Three of four accepted it and spanked me, but mostly by my request."*
- "I have had two wives who were both disciplinarians. I am not sure how they became that way. They both claim they never spanked a man before. They say they could tell I needed it."*
- "Being honest with her is number one. Answering all her questions as fully as possible. Being prepared for either rejection or willingness from her. Let her know that it would she that administers the spanking and not receiving it. Explaining that sex doesn't always HAVE to follow a disciplinary session, but that it CAN. Attempt to explain that she may find it unique or enjoyable to try and at the same time making sure she understands that I would never hold her responsible should anything 'bad' happen. Calm her fears."*
- "After a discipline or punishment, she sees the incredible attention focused on her and my desire to please her at higher levels."*
- "The only approach I have ever tried is open communication. Usually, this is done during intimate or romantic situations where we are discussing our sexual fantasies."*
- "Send her to the DWC site, followed by a frank discussion about how the discipline will serve her interests."*
- "I was just honest with them, and asked them to take my pants down put me over there knee and spank me with a hairbrush to make me a better boy."*
- "Honesty at the first meeting."*
- "Honesty. Being cheeky and playful. Trying to be kind and respond to her requests. Trying not to talk about it too much."*
- "Sharing sexual fantasies, listening to hers, then sharing mine. After talking about them, of course we had to try most of them out over a period of time. And spanking was one of them."*
- "Just being honest about my need to be disciplined."*
- "I was up front and honest with my wife. I explained my childhood and youth experiences with discipline. I made an effort to be as honest and sincere as I possibly could. I was willing to work out a plan of action and behavior that my wife was comfortable with and one she felt capable of achieving."*
- "I come right out and was honest. I told her of an inner desire to be disciplined, very long and very hard. I offered several options of toys. She loved being told that I was willing to submit to whatever her desire was."*
- "Being honest, and trying hard to show the advantages to her. Don't pressure her."*
- "The main thing that worked was a few other DWC wives helping my wife see how a DWC element in our relationship would benefit her. It is about her, not me. In order for this to happen, I had to be bold. It was a bit scary to get my thoughts on this out in the open, not being sure of what the reaction would be."*
- "Patience and understanding are the big keys. I often felt that I had to choose between a spanking partner and a life partner. Women who were interested in spanking me weren't always good life partners. Just like you wouldn't walk up to someone and say 'hey baby, let's screw,' I couldn't just gauge women on 'the spanking question.' The Internet was a great solution for me because I was able to meet women who I already knew had an interest in spanking or a power exchange relationship. The next step was establishing rapport, just like with dating. I have found that many men have had a much more difficult time finding a spanking partner than I have. I guess it was because I got to know the person before getting involved in the disciplinary aspects."*
- "I showed her websites that deal with it."*
- "Referring her to internet sites like this one. Buying books on domination and spanking."*

- "Things that have worked for me included the use of videos, purchase of spanking equipment, much discussion, starting slow, never complaining when it gets painful."*
- "In my previous relationship, I first placed my favorite Shadow Lane DVD in with our small collection of movies. She eventually discovered it, and asked about it. I was somewhat dismissive and told her to watch it sometime when I was away. (In this DVD a man gets spanked while dressed like a girl). In the meantime I began to steal some of her panties, a pair at a time. After a while she suspected something, and asked me, playfully at the time, to drop my jeans. It just so happened I was wearing a pair of her white lace panties. I went over her knee for the first time that afternoon, and spent the rest of that weekend in various pairs of sissy panties, and nothing else!"*
- "Visiting dating sites on the internet specifically focused on alternative lifestyles."*
- "I have found my disciplinarians online just by my continuous shotgun approach in the adult chat rooms."*
- "Meeting in a situation such as a club or a chat room where the subject of spanking was the purpose of the club/chat room."*
- "Showing her this website and joking about spanking, such as around birthdays."*
- "Articles from the web, some from this site. I leave them on the computer for her to see. they tend to explain things better than I can and I have found doing this I feel less ashamed that I'm a domestic submissive male."*
- "I sent for your booklets."*
- "Gathering the courage to talk about it. Being honest about my needs. Using the 'Please Discipline Me' DWC booklet. Viewing the DWC website for encouragement. Professional therapy."*
- "I only have done so one time. I used the DWC site as a way to start the discussion."*
- "I've only had one DWC relationship. She contacted me from my DWC ad about five years ago (I no longer run any ads). I didn't have to get her to agree to anything, as she already had her own agenda. It was the most exciting and satisfying relationship I've ever been in. Tragically, she passed away about a year ago. I've not been open to anything until a few months ago. I am currently very interested, but I am not actively looking."*
- "Nothing has worked. Sometimes I think it is hopeless!"*
- "I have tried Elise Suttons book, helping with her household work, doing things that she would like done around the house, and writing different scenarios – all to no avail."*
- "I have never had the courage to ask a woman to discipline me."*
- "Not enough has worked. It is easy to fantasize about it, but hard to verbalize the need."*
- "Persistent hounding."*
- "I have tried dropping hints, and acting as a male brat."*
- "Telling them I had a dream about them spanking me."*
- "I admit my wrong doings, apologize and ask if they think or notice any in the future to please do not hesitate to correct me."*
- "Gradual introduction and role playing."*
- "The threat of leaving her finally got her to really spank me."*
- "Bargaining and begging."*
- "I have tried being cheeky, making unreal derogatory remarks, and trading chores for discipline."*
- "I had to get her to understand and not be pushy."*
- "Begging my wife."*
- "Persuading her that her life is better when she controls me. That she gets much more of what she wants when she takes it from me rather than begging me for it."*
- "Just kind of asked questions about prior relationships. If you ask or say something about a, 'friend of yours and his wife spans him,' see what she says. You may be surprised."*
- "Getting her to meet Aunt Kay."*
- "I have been asking my wife for years and only lately has she agreed."*
- "Nothing has worked that well so far. Although I do get caned lightly by my wife as part of our lovemaking sometimes. It doesn't really do anything for her and she doesn't like to see my bottom turning red, as she does not want to hurt me. I have only been given one severe caning after I pestered her for sex and disturbed her sleep. I realized I needed to be punished and she agreed on this occasion and made me drop my trousers and pants and caned me quite hard. I*

*wish she would cane me more severely on a regular basis. One drawback is that we have two children and she does not want to make too much noise and cause them to discover me being caned."*

*"Nothing long term. My wife didn't like it and quit. She felt like a mother instead of a wife."*

*"As fantasy, I just asked her. As discipline, when my wife was quite upset with me and felt I would not listen, I told her when my mother felt the same as she was describing she had me bend over the bed or chair and whipped my bare ass until she decided it was punishment enough, and that I felt she should do that right then. I also told her that there was only one thing she had to keep in mind and that was that she should not stop until she was no longer angry. That first disciplinary whipping was very thorough, but I was totally forgiven when she was done. It was cleansing and I am very grateful to her for it. It has only happened once since, although I think I have deserved it several other times in the last couple of years."*

*"I've only suggested it to my wife. She goes along reluctantly. She never really manages to make it memorable. I don't think she'll ever give me what I really need in that way."*

*"I am still working on that with my wife. She's somewhat reluctant, but willing at the moment."*

*"I've only been able to get my wife to spank me on my birthday."*

*"I usually only date women who are already disciplinarians."*

*"I have never tried to persuade a woman who wasn't already interested. The few times it has happened, the woman has already been involved in these matters. It has usually involved a hesitant, respectful verbal request."*

*"My wife knows it is the best way to keep me in line. I need it to be as good as I can be."*

*"My DWC wife and I found each other through a BDSM group and spent hours laughing and enjoying each other. Over a period of months we both talked about our interest in domestic discipline and practiced it regularly as part of our 'routine.' It benefited us both so much we decided to incorporate it into our everyday lives. I'm sure that this is a common story for most in the DWC lifestyle. It was more clean cut and to the point for us both without the chains and nipple clamps! So in summary, it wasn't really having someone agree to be my disciplinarian. In our case, it was a mutual decision that would bring us both what we wanted out of our relationship and to this day we have not had one argument!.. Thank you Aunt Kay!"*

*"No science. It just happened. I think we have an in built radar."*

*"My wife is the only woman who has ever spanked me. I explained my childhood (or, more correctly, my lack of a childhood), and the anxiety I still feel today. I eventually asked her to spank me to help relieve that anxiety. We both saw an immediate improvement and spanking has become a regular part of our relationship."*

*"It was her choice."*

*"This is my first DWC relationship. I have always had numerous 'kinks' in the past. They were never quite satisfying enough because they didn't address my true need. My wife and I have a good relationship. I timidly introduced it to her and we have wholeheartedly embraced it."*

*"Admitting what I needed, really deserving it. My wife was, and is, not 'into' spanking, but once she realized she had to punish me occasionally to avoid escalating bad behavior, she quickly saw the benefits of spankings. Punishment tasks require some supervision, take time and can't be things which need to be done anyway, canceling outings hurts both of us, etc but she can make a very lasting impression on me in ten minutes or so with a hairbrush or paddle, and then get on with her life."*

*"My wife is a natural disciplinarian. She's considerably smaller than me and this evened out the playing field, so to speak. The biggest thing that worked for us is patience. I let her accept this at her pace which actually was several years. Throughout it all, I kept telling her how much I loved her."*

*"I marry her."*

*"I used to be very hot tempered and almost abusive. I knew I needed help to become more disciplined and as I was strapped by my mother and it worked then. I asked my wife to discipline me when I needed it. She was reluctant at first, but after thinking about it, she decided to give it try. From the first very light hand spanking to the strap on the bare buttocks of today she began to like the moments she is in complete charge. We created a discipline contract that*

*covers the rules and punishment for breaking them, for example, one of the big no-nos was cursing, breaking that once meant 40 swats of the strap, plus the any other swats due to additional rules being broken. I must say I sure don't curse very often now. She was afraid I would hit her if she whipped too hard, so I had her tie me in place. That really started the real, honest, hard strappings I get now. Yes I still lose my temper once in a while, but nearly as often, and not as out of control as I once was. We love each other dearly, I am not her slave, nor is she mine, we are equals in our marriage, except when she is dishing out discipline."*

*"I asked my wife, and she agreed to try. We've had lots of ups and downs, but I think she agrees with my need for it."*

*"I am married. I just asked my wife to discipline me."*

*"She is a natural, but the more I do for her, housework, etc., the more powerful and strict she becomes. She still thinks it is weird that I like to be beaten though, but loves the power she has over me and that I worship her."*

*"My wife was kind of shocked at first, but saw the advantages in that she has complete control of the household(and everything else). and she likes that. There is no need for nagging in this house. She only tells me to do chores once."*

*"I recommend time, gentle persuasion, reassurance, encouraging, a strong sense of humor, and love. Other thing that have worked are being deliberately naughty, signing a contract, showing her 'A learning experience' (DWC fiction). In our house, it's no fiction, it happens – with six jokers, a heavy rubber paddle and a Scottish tawse."*

*"I opened up to my wife and told her all my desires. She was interested and we went to different shops for items. She now spanks me when time and circumstances permit."*

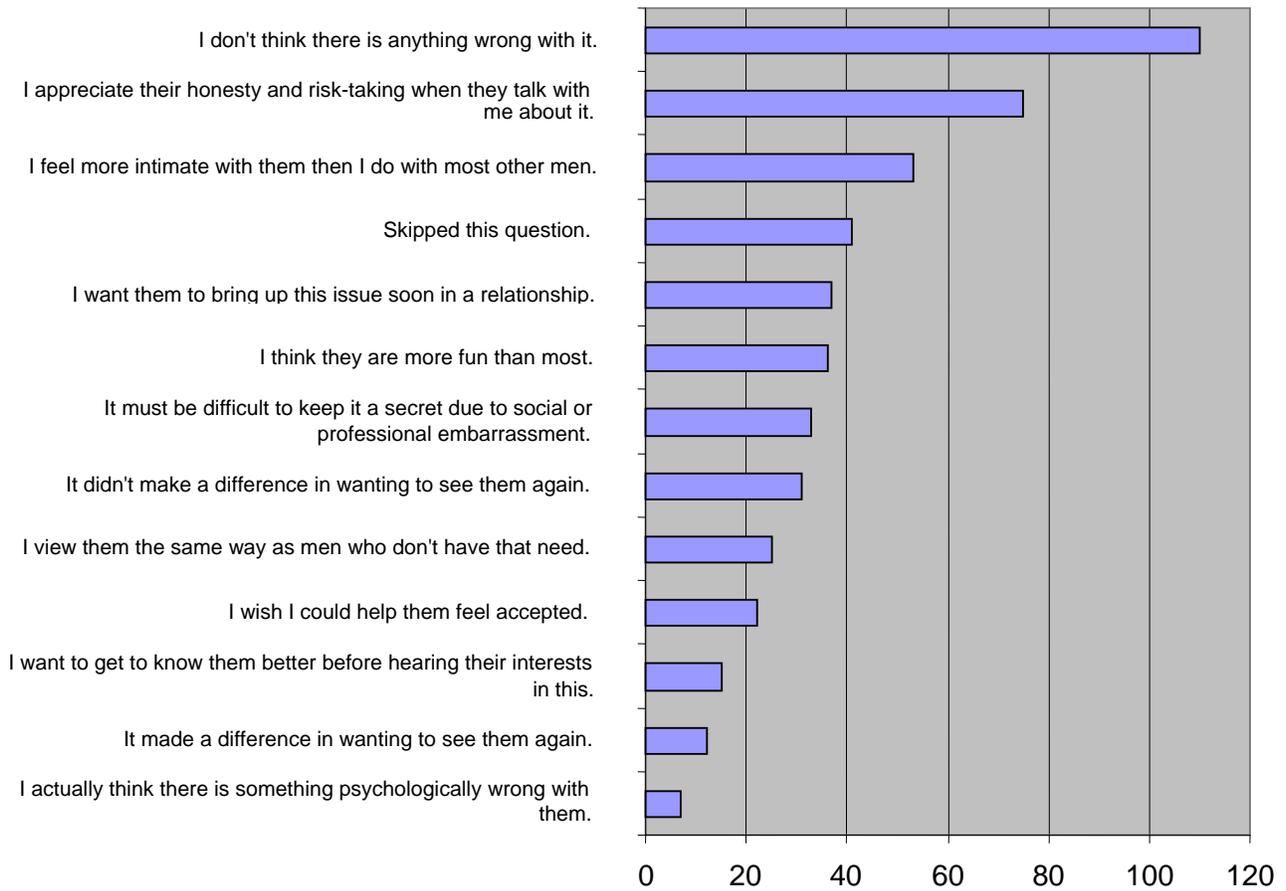
*"Telling her about my fantasies to be spanked by a woman. When I need to be spanked by my wife, we have a sign – I scratch the palm of her hand – and she just knows without me having to tell her anymore. When I really need to be spanked by my wife, I have a really hard time telling her about it. Its like having to tell her that I need sex. Its really hard to do when I am feeling really needy. Its terribly humiliating for me to have to confess such needs for sex or for discipline when the need arises."*

*"Following Aunt Kay's advice in the 'Please Spank Me' DWC book, as well as gradually re-introducing the concept, having my wife read the real people on your website, and having her read the lifestyle kit. Lastly, fantastic sex afterwards, and making certain that I tried to solve any problem that was addressed by a spanking. If my wife would go to the trouble of spanking me, then I had to make a real effort to solve the problem, thus she would realize that spanking solves most of our problems."*

**(Women) How do you feel about men who want/need disciplinary spankings? Pick ALL answers that apply.**

I don't think there is anything wrong with it.	110
I appreciate their honesty and risk-taking when they talk with me about it.	75
I feel more intimate with them then I do with most other men.	53
Skipped this question.	41
I want them to bring up this issue soon in a relationship.	37
I think they are more fun than most.	36
It must be difficult to keep it a secret due to social or professional embarrassment.	33
It didn't make a difference in wanting to see them again.	31
I view them the same way as men who don't have that need.	25
I wish I could help them feel accepted.	22
I want to get to know them better before hearing their interests in this.	15
It made a difference in wanting to see them again.	12
I actually think there is something psychologically wrong with them.	7
<b>Total responses</b>	<b>497</b>

**(Woman) How do you feel about men who want/need disciplinary spankings? Pick ALL answers that apply.**



Of the estimated 150 women survey participants, about three quarters (110) did not find anything wrong with a man having this need. This should be reassuring to DWC men. Perhaps these results are not surprising, since the women who participated in the survey are probably in some way involved with a DWC man. Perhaps surprisingly, seven respondents thought there was something psychologically wrong with DWC men. It would be interesting to find out how women outside the DWC would answer this same question. As to other ways the women felt about men with this need, half (75) appreciated the honesty, about a third (56) either felt the same toward them or felt it didn't make a difference, a third (53) felt more intimate with them, and a fifth (36) felt they were more fun. There is no clear cut advice for the men regarding when to share this need: 37 women wanted to hear about it early in a new relationship, but 15 wanted to wait until they got to know the man better. Finally, a small number of women felt empathy toward having to keep this secret (33), and wanted to help the men feel accepted (22).

**(Women) If you were talking with a close male friend who was looking for a disciplinary relationship, what advice would you give him?**

Responses.	59
Skipped this question.	107
<b>Total responses</b>	<b>166</b>

Of the 59 responses made by participants, 21 were about being happy to give advice or assistance to the male friend, 15 recommended good communication with potential partners, and in 10 comments the woman would offer to provide the desired spanking on the spot.

*"Get those pants down and get across my knee (laugh out loud)! With someone else, I think I'd tell him he had to first treat a woman like a queen. Open doors, fetch her coat, all that stuff. If she didn't like that, move on. Then look for someone who has strong opinions and values. Someone who believes hard work will pay off. Find out if she is soft on crime or believes you do the crime, you do the time. Look for someone who likes to decide what restaurant you'll go to and what movie you'll see. In other words, find an in-charge person. Next, tell her you like the fact she is an in-charge person. That you find you perform best when you have to live up to goals set by others. Get her to set some goals, some rules. When these are broken suggest you would benefit from a penalty of some sort. Next you need a stronger penalty. At some point you mention how effective it was when your mother used to spank you. Finally you say that the next time something happens, you want her to spank you and see if that will motivate you. By now you should be home free. But, if you don't want to be bothered with all of this try a Yahoo group or something and start out with a woman you know is a spanker."*

*"He has to be open to domestic discipline across the board – female domination isn't a bedroom game, it's not just about spanking - it's about giving her COMPLETE control! Control of the money, having her make the decisions, and generally doing what she says. It's a total power exchange!"*

*"Be honest with the woman you are with. You may want to start out easy as fun spanking foreplay and role play to help your partner get comfortable with the idea. Each time she spanks you reward her with something she wants. Also, if she does spank you for real discipline, be sure that you correct the behavior, so that she knows that the discipline really works."*

*"Be as up front as possible about your needs while protecting your privacy. Ask people in the community for introductions."*

*"Seek wisely. It's very intimate, and I think that friendship has to be there BEFORE the discipline."*

*"I would tell him that his need is very normal and natural. That he should have it fulfilled, and should not feel shy or ashamed about it."*

*"It's not a game, it's for changing your life for the better. You can play your games if you want, but true discipline should not arouse you or stimulate you. It should hurt and serve as a reminder as to why you were punished."*

*"Encourage him to check out the DWC and try personals. Encourage him to choose open-minded women and be gracious when helping them understand this need."*

*"Make sure it's what you really want."*

*"Make sure you chose someone you respect enough to let them discipline you. If you do not feel they are better behaved than you, you may feel resentment as the relationship continues that you are the only one receiving discipline."*

*"Treat all women with deep respect, be eager to please and serve women, expect that many women want to take the submissive role and not all women want a submissive man. If the woman he loves wants him to take the lead, he should be willing to serve her in this way. He might not get the discipline he desires, but he can still give his woman what she wants."*

*"Do not be aggressive in asking. Be honest about their needs. Be patient if we do not respond quickly."*

*"If you don't ask, you don't get."*

*"Just to be open and honest."*

*"I would tell him to strip and get over my knee."*

*"Keep looking, because more women are getting into this type of lifestyle. And I would offer to spank him to give him a chance to experience it."*  
*"See a therapist."*  
*"Okay, now!"*

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## Summary and Conclusions

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We have grouped the results of the survey into three categories: what we would have expected, what surprised us, and information that was not obviously useful.

### What We Had Expected

While it was not surprising that most women who took the survey were already in DWC relationships, there were more than a few women who had started a DWC relationship with a non-DWC man, or were seeking a DWC relationship. It was sad but not surprising that there were so many men looking--even yearning—for such a relationship, whether that was looking for a partner or trying to convert their current partner.

It was not unexpected that most DWC men are generally self-confident, but could be shy about their disciplinary needs. Considering the nature of the organization, the vast majority of men wanted their disciplinary needs met in a long-term relationship, but were also okay with receiving discipline from friends or relatives. Since many men's need to be spanked can have a sexual component, it was not surprising that most women spank for both discipline and sex-play, but not generally at the same time.

It was good to hear that most women were confident and expect to be obeyed about administering discipline. However, many women were also okay with their partners requesting discipline, as long as it was not demanded. It was expected that for most men it was the power exchange that motivates them to receive spankings. Many men also wanted to be spanked as part of their need for punishment, peace and relaxation, sexual arousal, and relief of guilt.

Men have used a variety of resources to improve communications with their wives: books, the internet, videos, and other women. There was a definite interest in re-establishing a DWC forum or message board.

### What Surprised Us

There were some single women looking for their first DWC relationship, indicating that not all DWC relationships are initiated by men. Additionally, it has been a popular belief that a DWC man's relationship with his mother may have defined, or at least contributed to, the man's interest in being disciplined. The survey did not bear this out, as participants varied widely in their relationship with their mother. It was also interesting that there were a variety of reasons that the female participants disciplined their husbands, with no predominant motivation. Since the men appear to have a common concern that their wives won't discipline forcefully, it may be worth noting that most of the women spank hard and feel good about it. The women indicated less hesitation than expected to spank hard for fear of causing injury or too much pain.

As to how the male participants have been able to convince women to discipline them, there was no clear cut method. Despite the many approaches that had worked for some, many others reported that nothing had yet worked. Most female participants did not find anything wrong with a man having this need. Additionally, most female respondents would offer to help a male friend who confided this need to them.

### **Not Obviously Useful**

In some instances the survey, unfortunately, did not provide useful information. In the case of mothers and fathers of the female participants, there seems to be no clear spanking background. While DWC men may consider themselves self-confident in general, they are mixed about accepting themselves and their disciplinary needs. On allowing others to discipline their husbands or disciplining other husbands, there was no consensus among the female participants. As to where they met other potential partners, there were differing results for the men and women. Both might consider reprioritizing their methods for finding a partner based on these results.

### **Lessons from the Survey for DWC Women**

For women currently in a DWC relationship, the survey shows that you are doing fine—keep up the good work. For women adopting a DWC lifestyle, feel free to be as strong and assertive as you are comfortably able. No man in the survey complained about being treated too harshly, or being spanked too hard. In fact, the only complaint from men in DWC relationships was that their wives were not demand enough, and/or their wives did not punish them hard enough. For reluctant partners, the survey highlighted just how desperately the men desire the DWC lifestyle. Considering the potential benefits for both partners, such women are encouraged to give the lifestyle a try. Finally, for those few women who participated in the survey who are looking for a DWC relationship – the world is your oyster. There appear to be plenty of men from which to choose who would do almost anything to find a DWC partner.

### **Lessons from the Survey for DWC Men**

For the lucky minority of men in a DWC relationship, thank your lucky stars, and of course, your wife. The survey showed there are far more men looking for a DWC partner than had a DWC partner. For men working with their wives to adopt the lifestyle, be patient with your partner. Advice from the women's comments included letting go of your fantasies. Work with your spouse to create a DWC lifestyle that works for both of you. Be grateful for what your wife is willing to do for you, even if it does not live up to your fantasies. Finally, demonstrate behavioral improvements to show your wife that her disciplinary efforts have tangible benefits for her.

For men looking for a DWC partner, unless you are content with your fantasies, accept that there are not women out there just waiting to spank you. You will probably need to seek out regular women to find a DWC relationship. Unfortunately, the survey did not show that there was particular or specific personality type that was more likely to be a disciplinarian. The only advice that could be gleaned from the survey was to look for open-minded women, and use your best judgment as to when and how to bring up the topic of your need for domestic discipline.

## **Further Research**

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When Aunt Kay and Jerry created this first survey, they had no express plans of extending the research, so they tried to be comprehensive and hit on what they thought were the “hot-topics” or “low-hanging fruit.” They used their experience over the years to aim toward the issues of interest to people with whom they have had contact. For this reason, the survey covered a lot of ground, but not in detail. Since there appears to be interest in this type of survey, subsequent surveys are now planned.

The next survey, which was made available on the DWC website ([www.disciplinarywivesclub.com](http://www.disciplinarywivesclub.com)) contemporaneously with the publication of these results, will focus on demographic data about survey respondents. While this information will not be as useful for those desiring to find a partner or to practice the lifestyle, it should be revealing about who we are.

Further surveys are expected to focus on particulars of starting the lifestyle, finding or developing partners, practicing the lifestyle, and hopes and expectations for the future of the lifestyle in general. Your suggestions are always welcome, and can be sent to Aunt Kay at [shetops@aol.com](mailto:shetops@aol.com) and Jerry at [kaysjerry@gmail.com](mailto:kaysjerry@gmail.com).

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## Acknowledgements

First and foremost, the authors wish to extend their appreciation to the survey participants. We appreciate your efforts responding to the survey and your patience in waiting for the results. The sheer number of responses was overwhelming. The time many participants took in writing comments was a testament to peoples' desire to share their thoughts with others, on a topic that they generally cannot discuss publicly.

Because of the large volume of material generated by the survey, the authors felt that it would make the results more accessible to use representative responses, rather than try to include them all. If you participated in the survey and your comments were not included in this report, please know that the authors read and valued all comments, and had to make some very difficult decisions about what to include.

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## About the Authors

In addition to Aunt Kay and her husband Jerry, who created the first survey, there were four authors of this report. Two were a wife and husband who are practicing the DWC lifestyle. The other two were women who are not part of the lifestyle – one of whom is single and in a long-term relationship, and the other who is married. Among this group, all have post-graduate degrees, including three professional degrees, two educational degrees, and one psychology degree.

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